

THE CANNON NEWS

Volume 8, Issue 4

Next Meeting: Monday, September 8, 2008

September/October 2008

GREETINGS FROM THE COMMANDER

Our Post has been doing an outstanding job! This past month the Post and Ladies Auxiliary helped sponsor a picnic for members and families of the 266th Military Police Company that both the Post and Ladies Auxiliary have adopted. It was well attended by the troops and their families along with members of our Post and Ladies Auxiliary. The 266th MPC is getting ready to deploy to Iraq in October and are currently training at Fort Pickett, VA. Judge Advocate Ron Link is our MAP Chairman and will be getting with the MAP Committee soon to help coordinate the sendoff of the troops. The 266th FRG (Family Resource Group) will be getting with us to let us know what we'll be allowed to do.

As I'm writing this article, Quartermaster Rick Raskin and Comrades Joe Dazzo and Dave Lashman returned from helping Big John Miska take some wounded warriors from Walter Reed Hospital to the Arlington VFW Post for their excellent Sunday morning breakfast. All were well pleased with how it went and are looking forward to doing in again, soon. Check out Quartermaster Raskin's article on the visit further inside this newsletter.

I am pleased that our Post was awarded All State status. Just recently available, are All State Post member pins which can be pinned onto your cover (hat). We have ordered a number of the pins and will start handing them out once they come in. The monthly meetings would be the best opportunity to get your All State pin or any of the other pins that either already are or might become available. Also, from time to time, the Post orders Polo type shirts with the VFW Logo, Post Number, and member's first name. In the past, the cost was between \$25—\$30 per shirt, usually available in different colors and sizes. Over the course of the next several months, I want us to get a list of those wishing to purchase a shirt (or shirts). Come to the monthly meeting and put in your order for your shirt(s). For those individuals who help us with our weekly Wednesday morning Bingo, a shirt will be purchased for you.

On Saturday 8/23, Quartermaster Rick Raskin, Senior Vice-Commander Pete MacLeod, Junior Vice-Commander Sam Nealey, Guard Dallas Kennedy, her husband Comrade Roy Kennedy, Comrade Joe Dazzo and Commander Steve Meade held a recruitment drive in front of J. E. Rice on Mathis Avenue. We were able to recruit five new members one of whom joined as a Life Member. I felt that if a person joined as a Life Member or converted from an annual member to Life, that the Post should purchase them an official VFW cover with the Life Member patch already sewn on.

We are going to start a new activity at the monthly meetings. We are going to start having a drawing for those members present at the meeting, and the winner will **win a gift card** for a local restaurant at no cost to the Post. Think of it as a "Door Prize".

The Fall Jubilee is rapidly approaching! A fun time is usually had by all who help us at our display stand. Join Us! Saturday, October 4—Downtown Manassas from 1000hrs to 1700hrs. Take a break and enjoy the festivities!

(Continued on page 2)

Newsletter Editors: Steve Meade—(703) 408-0875 & Valerie Nealey—(703) 368-7636

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This is your Newsletter, therefore your input is not only welcome, but encouraged.

The Ladies Auxiliary is helping setup a Child Photo ID Program with the Sheriff's Department, to be held at our Post on Saturday, October 25 from 1000hrs to 1200hrs.

Again, we've joined with the Virginia Department of Veterans Services of the Commonwealth of Virginia in providing one of their Veterans Claim Agents, space within the Post for the purpose of assisting ANY veteran, or spouse of a deceased veteran with claims with the Department of Veterans Affairs. Whether assisting with the establishment new claims, existing claims, or assisting surviving spouses of deceased veterans who had been receiving compensation with obtaining their rightful surviving spousal benefits, the agent is here every first and third Tuesday of the month between 9:00 am to 3:00 pm. No appointment necessary.

Your Post Commander
Stephen A. Meade
cmdr7589@verizon.net

Virginia District 8 as of Tuesday, August 26, 2008

Post	Life	New	Rein-stated	Continu-ous	Total	Prior Year	Percent	Division	City	N/R LM
1177	0	2	0	3	5	94	5.32	9	LEESBURG	0
1811	0	1	0	0	1	189	0.53	6	MANASSAS PARK	0
2524	0	0	1	21	22	268	8.21	5	CULPEPER	0
3103	0	24	1	39	64	350	18.29	4	FREDERICKSBURG	0
7589	0	32	3	29	64	291	21.99	5	MANASSAS	0
7728	0	1	0	6	7	48	14.58	11	REMINGTON	0
8208	0	0	0	10	10	294	3.4	5	STANARDSVILLE	0
9835	0	0	0	7	7	56	12.5	10	WARRENTON	0
District Total	0	60	5	115	180	1590	11.32			0

Life Members are not added to the Post totals until later in September. Above numbers do not reflect the five new members recruited this past Saturday

DISTRICT MEETING - SEPTEMBER 14TH

The next District 8 Meeting is Sunday, September 14th at 1:00 PM at VFW Post 2524, Culpeper, Virginia. As always, we meet at the Post just prior to 1100hrs and then we car pool to the District Meeting. This month's State Rep is our new Department of Virginia Commander Hal Roesch. It would be nice for our Post to have a good number of members to welcome the new State Commander to the Northern Virginia area (his Post is in Phoebus).

Commander Stephen Meade

VETERANS STILL ELIGIBLE FOR STIMULUS

Thousands of veterans across the country are running out of time to get their economic stimulus checks. Retired or disabled veterans have until Oct. 15, 2008 to fill out a simplified tax for to get their stimulus check. For more information, visit the [Internal Revenue Service \(IRS\)](http://www.irs.gov) website or call the IRS at toll free at 866-234-2941. **Military.com—Benefits**

POST HELPS BIG JOHN AT WALTER REED



On August 24 Joe Dazzo, Dave Lashman and Rick Raskin assisted Big John Miska from Post 8208 with his efforts at Walter Reed Hospital. Big John regularly ferries a busload of veterans and their families over to Arlington Post 3150 where they enjoy a brunch with other VFW members and their families.

Our day started at 7:30 when we met at our post home for the trip over to Walter Reed. Arriving at about 8:30 we met Big John about ½ hour later. We helped him setup a goodie table in the lobby of the Mologne House that consisted of donated toiletries and a case of potato chips. We

contributed some of our post ball point pens which were quickly snapped up.

The procession to Arlington started at 9:30. Joe rode over on the bus while Rick and Dave followed. The brunch at Post 3150 was packed. Attendees are invited to eat breakfast at an incredibly low price. However, all of the Walter Reed attendees eat for free. During the event, Dave made contact with Doc Crouch about helping with the VFW's legislative efforts. Following brunch we provided transportation to the airport for one vet who was meeting his wife's incoming flight. Their trip back to Walter Reed would be on Metro. We returned to our post at approximately 12:30. All of us were upbeat about the experience and look forward to assisting on a more regular basis.

If you would like to participate in future outings please contact QM Raskin at qm7589@verizon.net.

Quartermaster Rick Raskin

VIRGINIA DEPARTMENT OF VETERANS SERVICES

The Virginia Department of Veterans Services of the Commonwealth of Virginia and VFW Post 7589 have joined into an agreement for our Post to provide space every first and third Tuesday of the month to Veterans Claim Agent Mr. Angel Lugo.

The purpose of this agreement is to assist ANY veteran, or spouse of a deceased veteran with claims with the Department of Veterans Affairs. Whether assisting with the establishment new claims, existing claims, or assisting surviving spouses of deceased veterans who had been receiving compensation with obtaining their rightful surviving spousal benefits, Mr. Lugo is here every first and third Tuesday of the month between 9:00 am to 3:00 pm. No appointment necessary. This will save you from having to travel long distances to try and work your claims. With the price of gas and diesel these days, not only will it save you time but significant money.

For those of you who are Vietnam vets who have Diabetes Type II, you are presumed to have come into contact with Agent Orange and you are eligible for compensation from the Department of Veterans Affairs. I know this for a fact because I've gone through the application process and in my particular case, I've been awarded a 40% compensation. This money is tax free. You were exposed to Agent Orange, you should get the compensation due you!

Commander Stephen Meade

MANASSAS CITY FALL JUBILEE

The City of Manassas will celebrate their annual Fall Jubilee on Saturday, October 4, 2008. It will be held in downtown Manassas City from 1000hrs to 1700hrs. The Post hands out our highly prized Trick-or-Treat bags which are highly reflective and we provide safety tips inside each bag. Volunteer for a couple of hours and enjoy the festivities. We've been doing this for a number of years now and everyone who's helped out has enjoyed themselves. A signup sheet will be up front at the monthly meeting. Come out and help represent our Post!

Commander Stephen Meade

POW/MIA DAY

The Post will be conducting our annual observance of POW/MIA Day on Friday, September 19 at 1630hrs at the Manassas City Veterans Memorial on Main Street next to the Manassas Museum. Come out and help support our observance of this day for our comrades-in-arms who have been Prisoners-of-War and those who are Missing-In-Action. Come and show your support for them! -- **Commander Stephen Meade**

NAVY ACHIEVEMENT MEDAL AWARDED

On May 30, 2008, U.S. Navy Petty Officer 2d Class James MacLeod, a member of VFW Post 7589, was awarded the Navy Achievement Medal in a ceremony on the flight deck of the U.S.S. Dubuque in the South China Sea. MacLeod was given the medal for his actions in March of 2007 leading a "watch team" which was guarding an oil platform in the Persian Gulf. Captain Bruce H. Lindsey, commander of the Dubuque, presented the award. The U.S.S. Dubuque is an amphibious transport dock carrying U.S. Marines, helicopters and landing craft. The Dubuque is part of the "Peleliu Strike Force" in support of the war on terrorism. MacLeod is a radar specialist aboard the Dubuque and is now on his second tour of duty in the Persian Gulf. He is expected home for Thanksgiving but as we all know, nothing is ever certain in wartime. He is the son of Post 7589 Senior Vice-Commander Pete MacLeod and lives with his wife Nichole in El Cajon, California. -- **Senior Vice-Commander Pete MacLeod**

FLASH

Quite often we are called to support service events on a very short notice. Usually this happens within a week or so of the event and we do not have sufficient time to notify our members. As an example, we recently were asked to help support the 266th MP Company's picnic plans about two weeks before the date. Since we had already held our membership meeting and recently mailed out a newsletter, our support came largely through word of mouth and personal contacts. To alleviate this issue we would like to establish an email list of those members wishing to be notified of such events. That way we can pool more of our members' expertise and really do our best in helping veterans and their dependents within the community. If you would like to be included on this list please send an email to gm7589@verizon.net and include the words EMAIL LIST in the subject line. Hopefully many of you will respond and we will be able to increase our community support. Remember, "We honor the dead by helping the living."

Quartermaster Rick Raskin

VIRGINIA MILITARY SURVIVORS AND DEPENDENTS EDUCATION PROGRAM

The Military Survivors and Dependents Program (MSDEP) provides education benefits to spouses and children of military service members killed, missing in action, taken prisoner, or who became at least 90 percent disabled as a result of military service in an armed conflict. Military service includes service in the United States Armed Forces, United States Armed Forces Reserves, the Virginia National Guard, or the Virginia National Guard Reserves. Armed conflict includes military operations against terrorism or as the result of a terrorist act, a peace-keeping mission, or any armed conflict after December 6, 1941. This program may pay for tuition of fee at any state-supported college or university in Virginia. Benefits are available for up to four years.

Military.com—Benefits

FREEDOM TEAM SALUTE AMBASSADOR PROGRAM

At our next monthly meeting, Mr. Greg Raines, will present information on the Freedom Team Salute Ambassador Program. It seems from looking on the internet, that the general mission of Freedom Team Salute is to strengthen the Army community by honoring veterans for their service and dedication to the U.S. Army and by providing Soldiers – Active, Guard, and Reserve – the opportunity to recognize those who support them. Through a simple nomination process, FTS allows all Army veterans to receive an FTS Commendation package, and provides active duty, Army National Guard and Army Reserve Soldiers the opportunity to nominate their parents and spouses for a Commendation. Guard and Reserve Soldiers can also nominate their employers. FTS Commendations include a certificate of appreciation and personalized letter of thanks from the Secretary of the Army and Army Chief of Staff, in addition to an official U.S. Army pin. Freedom Team Salute is an official program sponsored by the Secretary of the Army and the Army Chief of Staff. The program is funded through the Office of the Assistant Secretary of the Army for Manpower and Reserve Affairs (M&RA).

Commander Stephen Meade

VIETNAM MOMENTS

Even in wartime, there are places you visit that stand out over the years.

In October of 1970 I was sending radio teletype messages for the Army's 525th Military Intelligence Unit. We were strung out all over Vietnam. I was part of a four man unit in Phan Thiet, a fishing village on the central coast where Ho Chi Minh had once taught school.

We received orders to tear down our post (which consisted of a large shack with a corrugated metal roof and tons of sandbags). Our tiny unit was being transferred to a city called Dalat in the very highest part of the Central Highlands.

In fact Dalat was at an elevation of 5,000 feet and we were told it had snowed there in 1966. Two of us took most of our radio gear and got aboard a helicopter for the long ride. We flew over miles of jungle which soon became green mountains encased in clouds and mist. If there is a "Shangri La" in Vietnam, this is it!

This beautiful city in the clouds was virtually untouched by war. The central square was jammed with French taxicabs from the 50's. Along the big city hill were large and small mansions and a huge hotel. A perfectly clear lake sat at the base of the hotel and off to the side was an "Esso" gas station with plenty of Mercedes limousines pulling in to fill up. The people inside those vehicles were well dressed too.

In the evenings (which were very chilly), there were hot chestnuts being sold as gorgeous women strolled the streets in their flowing Ao Dai's. Instead of the usual smell of fish oil, there was the aroma of spices and the good food being cooked at dozens of outdoor stands. This wasn't the war! We almost felt guilty being there.

I wasn't there long. After helping set up our radio net station I was quickly transferred to Qui Nhon, back on the coast of the South China Sea, where I spent the next 10 months. But the memories of Dalat are still with me today. A true fairy tale type place in the midst of an ugly war. Did anyone else pass thru this place? Write and tell me, please. I want to make sure it wasn't all a mirage or the product of a faulty memory of an aging vet.

Senior Vice-Commander Pete MacLeod

VETERANS DAY ACTIVITIES

SPEAKERS -- Once again this Veterans Day week we have been invited by several Manassas area schools to provide speakers to come in and meet students and talk about their military service. Any member of the Post who is interested should contact Senior Vice Commander Pete MacLeod (703 220-4545, 703 794-1103). A signup sheet will be available at all Post monthly meetings. You will be notified of exact times and dates.

BUDDY POPPY DRIVE -- This Veterans Day weekend members of Post 7589 will be distributing buddy poppies outside the entrance to the Wellington Giant store from 9am to 1pm on Saturday, November 8th and outside the Liberia Ave. Wal-mart from 9am to 1pm on Sunday, November 9th. Sign up sheets will be available at the Post monthly meetings.

VOICE OF DEMOCRACY - PATRIOTS PEN - TEACHER CONTESTS

The VFW school speech and essay contests have a November 1st deadline.

The **Patriot's Pen** essay theme for 2008-2009 is "*Why America's Veterans Should Be Honored.*" The length of the essay should be 300-400 words. Students in Grades 6 thru 8 are eligible.

The **Voice of Democracy** speech and essay theme for 2008-2009 is "*Service and Sacrifice by America's Veterans Benefit Today's Youth by.....*" A 3-5 minute essay recorded on a standard cassette or CD is required. Students in Grades 9 thru 12 are eligible.

The VFW also recognizes the nation's best teachers with its **National Citizenship Education Teacher Award**. There are three categories: Grades K-5, Grades 6-8 and Grades 9-12. Any teacher who emphasizes community service, patriotism and good government and citizenship in their classrooms is eligible.

One important point to make is that students do not have to enter thru their school but can enter by submitting their work directly to VFW posts by the deadline date.

Here at Post 7589, you can submit the entries directly to Senior Vice Commander Pete MacLeod or any member of the Post. Call 703 220-4545 (cell) or 703 794-1103 (home) for more information. Home schooled students are encouraged to enter!

GLEN GARDINER ELECTED NEW VFW NATIONAL COMMANDER

ORLANDO, Fla., Aug. 21, 2008—America's largest organization of combat veterans has elected a Vietnam War veteran to head the 1.6 million-member Veterans of Foreign Wars of the United States.

Glen Gardner, a resident of Round Rock, Texas, was elected national commander August 21 during the VFW's national convention, held August 16-21 in Orlando, Fla. Gardner is the fourth Texan to head the 109-year-old veterans' service organization.

In his acceptance speech, Gardner, who served in the Marine Corps from 1966-1970, reminded the mostly Vietnam-era audience that to remain a vibrant organization, the VFW must be attractive to today's generation of military service men and women, so they can assume more leadership roles within the organization at the local level. -- **VFW.org**

BILLS HELP TRANSITION TO SCHOOL, CAREERS

Washington, DC - Late last night, the U.S. House of Representatives approved two bills introduced by the Chair of the Veterans' Affairs Subcommittee on Economic Opportunity, Stephanie Herseth Sandlin: "The Pilot College Work Study Programs for Veterans Act" and the "Improving SCRA and USERRA Protections Act." Both bills will help ease the transition of men and women who have served in uniform into civilian life following their service to their country.

The bills reflect input and testimony received at field hearings on transition assistance that the Subcommittee on Economic Opportunity has held across the country in the 110th Congress. Rep. Herseth Sandlin said "These bills address issues raised at field hearings across the country, including in South Dakota, where the committee heard first-hand accounts of the challenges veterans face." Earlier this week, Rep. Herseth Sandlin held a field hearing of her subcommittee in Rapid City, to discuss similar Transition Assistance Program issues and gather testimony from South Dakota service members.

Currently, veterans utilizing their GI Bill benefits who qualify for work-study may only hold positions related to VA work. H.R. 6224, the "Pilot College Work Study Programs for Veterans Act," directs the Secretary of Veterans Affairs to conduct a five-year pilot project to test the feasibility of expanding qualifying work-study activities to include positions in academic departments such as tutoring or assisting with researching, teaching and lab work as well as student services such as positions in career centers, financial aid, orientation, cashiers, admissions, records and registration offices.

The second bill introduced by Rep. Herseth Sandlin, which passed the full House of Representatives, was H.R. 6225, the "Improving SCRA and USERRA Protections Act." Rep. Herseth Sandlin introduced this bill to help protect veterans from losing their jobs due to military service. The legislation is in response to a court case surrounding the plight of Dr. Carlos Bedrossian, who, in addition to his military service in the Air Force Reserves, was employed as a physician and professor at Northwestern Memorial Hospital. The Hospital sought to fire Dr. Bedrossian because of the inconvenience caused by his military service.

"As Chair of the Veterans Affairs Economic Opportunity Subcommittee, one of my top priorities in Congress is ensuring that our veterans receive fair treatment and the benefits they were promised upon completion of their service to their country," Rep. Herseth Sandlin said. "The bills we passed in the House this week take important steps toward this goal. I appreciate the support of my colleagues and I would urge the Senate and President to act quickly as we work to keep our country's promises to the men and women who have bravely served and sacrificed."

Military.com

VA DELIVERING CARE “OUTSIDE THE BOX”

“The American Veteran” Reports on High Tech and Stimulating Surf

WASHINGTON – Using the latest high tech devices as well as the energy of wind and waves, the Department of Veterans Affairs (VA) is helping veterans make health care and health maintenance parts of their everyday routine -- a story which is a highlight of the August edition of “The American Veteran,” the Department’s monthly half-hour news magazine.

“VA brings together the best minds and hearts in many professions to help veterans reclaim their place in the world,” said Secretary of Veterans Affairs Dr. James B. Peake. “These stories spotlight the deep reserve of healing within veterans and their desire to embrace life head on.”

The top story highlights VA’s home telehealth program, where over 30,000 veterans are able to check into their medical center daily without ever leaving home. By entering information into a home monitoring system, data is transmitted instantly to their medical center using standard phone lines.

A second feature takes viewers to the beaches of Malibu, where veterans experience sun and surf in a uniquely California form of physical and mental therapy -- on a surfboard. All of the participants in this surf workshop are disabled veterans.

There are still some things that can be done only in the hospital, but are being done more quickly and accurately than ever before. In Loma Linda, Calif., a cardiologist is using the latest Cardiac CT scan technology to diagnose potential heart disease. Using this sophisticated equipment, thousands of two-dimensional images are used to create an interactive 3-D model of the patient’s heart.

The series is designed to inform active-duty members, veterans, their families and communities about the services and benefits they have earned and to honor them. VA’s Office of Public Affairs and the VA Learning University / Employee Education System (VALU/EES) produce the program and broadcast it to VA facilities around the world on The Pentagon Channel and to community cable outlets.

Aimed at veterans of all eras, VA also tells stories of heroism and sacrifice, and relives moments in history with those who were there, reminding veterans of the bond of service they share.

VA’s Office of Public Affairs offers the program to local broadcasters and cable outlets and makes it available for viewing on the VA Web site, www.va.gov. Just click on the “American Veteran” icon at the bottom of the page. -- **Department of Veterans Affairs—Office of Public Affairs, Media Relations**

VIRGINIA VETERANS CARE CENTER

The Virginia Veterans Care Center (VVCC) is a state-of-the-art model for long term health care and the only state home for veterans in the Commonwealth of Virginia. The mission of the VVCC is to provide affordable, high quality, comprehensive nursing and domiciliary care to Commonwealth of Virginia residents who are admitted to the VVCC, are aged or infirm, and are honorably discharged veterans of the United States Armed Forces.

Virginia Veterans Care Center has 240 beds in the facility to provide comprehensive, high quality care with on-site laboratory work, x-rays, dental clinic, physical therapy, respiratory therapy, podiatry care, and many other ancillary health care services. The Salem VA Medical Center is also located next door for additional services for those qualified.

Additionally, the building and grounds offer an array of amenities to include wheelchair accessible nature trails and deck, library, chapel, barber shop, billiard room, wood working shop, and convenience store. The facility is nestled in the landscape of the Blue Ridge mountainside and has been enjoyed by our veterans since it was opened on Veterans Day, 1992. -- **Military.com—Benefits**



LADIES AUXILIARY 7589 NEWS

Editor: Valerie Nealey - 703-368-7636 jvnealey@verizon.net

Welcome new member, **Tonya Miller**. Ladies, don't forget to pay your 2009 dues. Dues are \$15. Please make check payable to Ladies Auxiliary VFW Post 7589 and mail to Treasurer, Ladies Auxiliary VFW Post 7589, PO Box 10206, Manassas, VA 20108.

WREATHS ACROSS AMERICA™ FUNDRAISER

As a fundraiser for our Auxiliary we are participating in the 2008 Wreath Sponsorship Campaign. We are working with **Wreaths Across America™** to help place more wreaths than ever before on Veterans' graves this Christmas season. For each \$15 sponsorship we raise, a wreath will be placed on a veteran's grave at one of the nearly 300 participating National and State cemeteries around the country. We think it is a great program and \$5 of each sponsorship will support our Auxiliary directly so we may continue to assist veterans and their families as well as our community.

All wreaths will be placed by volunteers in simultaneous ceremonies on December 13, 2008. Wreaths Across America™ is one of the national programs of the Ladies Auxiliary VFW and the Commonwealth has proclaimed the second Saturday of each December to be Wreaths Across America Day, signed by Governor Tim Kaine.

A **Wreath Sponsorship Form** is included in this newsletter. Please ask family, friends and businesses to sponsor a wreath. All checks and forms should be mailed directly to Wreaths Across America™. If you wish to make your sponsorship with a credit card, or would like to designate a cemetery outside of Virginia, please visit www.wreathscrossamerica.or. If you purchase online, please be sure to enter our **Sponsoring Group Number VAVFW7589**. Any questions should be directed to Valerie at 703-368-7636 or jvnealey@verizon.net. **DEADLINE FOR ORDERS IS DECEMBER 1.**

ADOPT-A-UNIT

The Post/Auxiliary has adopted the **266th Military Police Unit of the Virginia National Guard** based out of the Manassas National Guard Armory. The Unit consists of 160 soldiers – 55 women and 105 men. Approximately 50 soldiers are located in Staunton. The Unit will depart for Iraq on October 9. To Adopt-A-Unit means to pledge the support of your Post and/or Auxiliary to the Service Members and families of a Unit. When we Adopt-A-Unit, we are making a commitment to the Service Members and families of that Unit. Besides sending "goody" packages to the troops, we work to offer moral support to the dependents left behind when a unit deploys. This program does not end when the troops re-deploy home; they and their families continue to need our backing and assistance.

PROJECTS FOR THE 266TH MP UNIT & FAMILIES

Family Picnic on July 20th was a success. Post/Auxiliary members attended the picnic that was sponsored by American Legion Post 28 in Triangle. Our Post donated hamburgers, hot dogs, buns and rolls and the Auxiliary donated \$100. Thanks to **Pam Braithwaite, Valerie Nealey, Jennifer Nealey, and Yvonne Sutton** for donating food items and to **Yvonne Sullivan** for donating various Avon items for door prizes.

Post/Auxiliary donated \$250 to purchase school supplies for the children.

Post/Auxiliary purchased Avon Bug Guard packets (160 8-packs) for the soldiers.

Our member, **Yvonne Sullivan** has asked the Prince William County Sheriff's Department to conduct their **Child Photo ID Program** for the children of the Unit and Post/Auxiliary members. Each child will be photographed and given a laminated card with photo and physical characteristics listed. The program will be on **Saturday, October 25 from 10 AM to 12 Noon** at the Post. Parents only need to complete a short form with the child's information upon arrival – all ages are welcome. If you are interested, please contact Valerie Nealey 703-368-7636 or jvnealey@verizon.net.

The Post/Auxiliary has appointed a **Family Activities Committee** for the National Guard. If you can help, have ideas or would like to serve on the committee, please call the Post at 703-361-5554.

Wal-Mart Grant - Auxiliary applied for a grant from Wal-Mart several months ago and recently received a \$250 check. The grant money will be placed in our Relief Fund which is used for veterans and their families and the community.

Manassas Fall Jubilee - Our Auxiliary will be participating in the Fall Jubilee on **Saturday, October 4 - 10 am to 5 pm**. We will be displaying informational material about our organization, recruit new members, and conduct a Cancer Aid & Research Raffle which will be a basket filled with gifts from local merchants. American flags will be passed out as well as bookmarks and stickers for the children. We are also searching for an inexpensive personalized promotional item we can hand out. If you have a suggestion and/or would like to give some of your valuable time to help out, please contact Valerie Nealey.

Overseas Coupons - Pam is continuing to collect coupons for our overseas military families. Restaurant and store specific ones (like Target or Petsmart) are not eligible for the program. She is very thankful to all who clipped, separated into food and non-food groups and totaled the coupons. If you can't do it all, just do what you can and she'll do the rest.

Claim Agent Available

A Claim Agent for the Virginia Department of Veterans Services will be available at our Post Home on the 1st and 3rd Tuesday of each month from 9:00 AM to 3 PM to help file claims. No appointment is necessary.

If you know of any members or their families ill or in distress, please contact Chaplain Bettie Keyton at 703-369-2209 or genebettie@verizon.net

Notify the Editor if you have any comments and/or suggestions about this newsletter.

If you would like to receive reminders of auxiliary events, meetings, updates, alerts, etc., please send your e-mail address to President Nealey at jvnealey@verizon.net

WEB SITES

VFW Post 7589: www.vfwpost7589.org

Virginia Ladies Auxiliary VFW: www.vfwvaaux.org

National Ladies Auxiliary VFW: www.ladiesauxvfw.com

UPCOMING EVENTS

Meetings: Monday, September 8 (changed due to Labor Day), October 6 – 7:30 pm

District Meeting: Sunday, September 14 – 1 pm – Post 2524 – Culpeper

POW/MIA Day: Friday, September 19, 4:30 pm—Veterans Memorial, next to Manassas Museum

Department Fall Conference: Saturday, September 20 – Lexington

Manassas Fall Jubilee: Saturday, October 4 - Downtown Manassas – 10 AM to 5 PM

Child Photo ID Program: Saturday, October 25 – 10 AM – 12 Noon – Post

FRANCIS CANNON VFW POST 7589

703-361-5554

9304 CENTREVILLE ROAD - MANASSAS, VIRGINIA 20110

2008-2009 POST OFFICERS

Commander	Steve Meade	703-408-0875
Sr. Vice Cmdr	Pete MacLeod	703-794-1103
Jr. Vice Cmdr	Sam Nealey	703-368-7636
Quartermaster	Rick Raskin	703-369-2732
Adjutant	Mike Guttman	703-330-3925
Advocate	Ron Link	571-921-9220
Chaplain	Ron Knowles	703-368-4743
Surgeon	Dick Lemmon	703-330-3376
Off of the Day	Rod Gillett	703-361-8358
Guard	Dallas Kennedy	703-393-9632
Service Officer	Sam Nealey	703-368-7636
Historian	Ed Fishpaw	703-335-5422
Trustee 1 year	Joe Dazzo	703-361-6041
Trustee 2 year	Bob Pace	703-680-1229
Trustee 3 year	Mike Guttman	703-330-3925

2008-2009 AUXILIARY OFFICERS

President	Valerie Nealey	703-368-7636
Sr. Vice Pres.	Pam Braithwaite	703-278-8076
Jr. Vice Pres.	Jenn Nealey	703-331-1214
Secretary	Pam Braithwaite	703-278-8076
Treasurer	Angela Fromm	703-330-3931
Chaplain	Bettie Keyton	703-369-2209
Conductress	Kay Yeager	703-791-6665
Guard	Patsy Gough	703-368-2697
Historian	Eleanor Doczi	703-361-4795
Patriotic Inst.	Yvonne Sutton	703-392-3870
Trustee 1	Polly Tibbs	703-361-9462
Trustee 2	Nancy Dazzo	703-361-6041
Trustee 3	Joanna Roberts	703-392-3870

POST 7589 WEB SITE

The Web Site has had a complete redesign and you should check it out. The web site contains information on both the VFW and the Ladies Auxiliary. The address is: www.vfw7589.org.

Any questions pertaining to hall rentals can be directed to our Post Quartermaster at gm7589@verizon.net or call the Post and leave a message at 703-361-5554.

If you have suggestions or additional ideas on how the web site should be used, please give us your input! The web site represents our Post on the world wide web.

Commander Stephen Meade

October 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Bingo	2 Executive Mtg.— 6:30 pm	3	4 Manassas City Fall Jubilee 10 AM - 5 PM
5	6 VFW & Auxiliary Meetings 7:30 pm	7	8 Bingo 8 am—12:30 pm	9 Yom Kippur	10	11
12	13 Columbus Day	14	15 Bingo 8 am—12:30 pm	16	17	18
19	20	21	22 Bingo 8 am—12:30 pm	23	24	25 Child Photo ID Program Post 7589 - 10 AM - Noon
26	27	28	29 Bingo	30 Executive Mtg.— 6:30 pm	31 Halloween	

November 2008

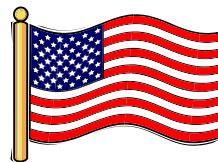
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 VOD/Patriot Pen/Teacher Deadline
2 Daylight Savings Time Ends	3 VFW & Auxiliary Meetings 7:30 pm	4 Election Day	5 Bingo 8 am—12:30 pm	6	7	8 Buddy Poppy Drive - 9 am - 1 pm Wal-Mart Liberia Ave
9 Buddy Poppy Drive - 9am - 1 pm - Wellington Giant	10	11 Veterans Day	12 Bingo 8 am—12:30 pm	13	14	15
16	17	18	19 Bingo 8 am—12:30 pm	20	21	22
23/30	24	25	26 Bingo	27 Thanksgiving Day	28	29

September 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Labor Day	2 VJ Day	3 Bingo	4 Executive Mtg.— 6:30 pm	5	6
7	8 VFW & Auxiliary Meetings 7:30 pm	9	10 Bingo 8 am—12:30 pm	11 Patriot's Day	12	13
14 District 8 Meeting 1:00 Culpeper	15	16	17 Bingo 8 am—12:30 pm	18	19 POW/MIA Day 4:30pm Vet. Mem.	20 Ladies Auxiliary Department Fall Conference Lexington, VA
21	22	23	24 Bingo 8 am—12:30 pm	25	26	27
28	29	30				

The Cannon News

*Francis Cannon VFW Post 7589
PO Box 10206
Manassas, VA 20108
www.vfwpost7589.org*



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September 2008 - October 2008

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