

# CANNON NEWS

Francis Cannon VFW Post 7589  
Manassas, Virginia  
October 2023

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RICK RASKIN / POST 7589

Our Scouts retired over 500 flags at out flag retirement ceremony on September 9

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- Veterans get free admission to opening night of MBT's production of "Colin"

**CANNON NEWS**—Multiple award winner at both the state and national level.

## Commander's Message



**Wayne Moore**

### Women of World War II Military

During World War II (WWII) over 350,000 women served in the U.S. Armed Forces at home and abroad. From 1940 -1945 an era called "Rosie the Riveter," women proved critical to the war effort. WWII opened the door for women to work in over 200 non-combatant jobs. The female workforce increased to nearly 37 percent with one out of four married women working outside their home.

Though women were excluded from combat positions, some found themselves in harm's way and were injured or killed.

At the urging of First Lady Eleanor Roosevelt and women's groups, in May 1942 Congress instituted the Women's Auxiliary Army Corps, later upgraded to the Women's Army Corps (WAC), which had full military status. That 350,000 number is higher than all U.S. Navy personnel presently serving.

### The Six Triple Eight: No Mail, Low Morale

In February 1945 the U.S. Army sent 855 black women from the Women's Army Corps (WACs) to England and France to clear the backlog of mail in the European Theater of Operations. The 6888th Central Postal Directory Battalion, known as the SixTripleEight, was the only all-black female battalion to serve in Europe during WWII. Confronted with racism and sexism from their own leadership and troops, they served with honor and distinction completing their mission in six months. By the war's end, SixTripleEight had cleared over 17 million pieces of backlogged mail ensuring the troops stayed in touch with their loved ones back home. The last of the women returned home in March 1946. They were never fully recognized!

A lesser-known role women played in the war effort was provided by the Women's Airforce Service Pilots (WASPs). These women, each of whom had already obtained their pilot's license prior to service, became the first women to fly American military aircraft.

They ferried planes from factories to bases, transporting cargo and participating in simulation strafing and target missions, accumulating more than 60 million miles in flight distances and freeing thousands of male U.S. pilots for active duty in World War II.

On March 10, 2010, at a ceremony in the U.S. Capitol, the WASPs received the Congressional Gold Medal, one of the highest civilian honors. More than 200 former pilots attended the event, many wearing their World War II-era uniforms. Over 1,000 WASPs served, and 38 of them died during the war.

### WE'LL DO ALL THAT WE CAN. DO NOT HESITATE TO REACH OUT!

For more information: [www.history.com/topics/world-war-ii/american-women-in-world-war-ii](http://www.history.com/topics/world-war-ii/american-women-in-world-war-ii)

## Auxiliary President



**Mary Corkhill**

Columbus Day is on Monday, October 9th. It marks the anniversary of Christopher Columbus' arrival in America on October 12, 1492. He was an Italian explorer who took three ships the Nina, La Pinta, and Santa Maria and sailed across the Atlantic Ocean looking for a faster way to get to the Far East.

Halloween is among the oldest traditions in the world. The observance evolved from ancient rituals marking the transition from summer to winter, thereby associating it with transformation, which is still a central theme of the holiday. Halloween is celebrated on Tuesday, October 31, 2023.

Events for the next two months are as follows:

October 2: Auxiliary monthly meeting at 2:00 PM

October 7: Manassas Fall Jubilee - 10 AM to 5 PM.

October 8: Scout Fundraiser – Post 7589 – Pancake Breakfast 8-12

October 9: Columbus Day

October 14: Department Commander Gary and President Vicki's Homecoming at VFW 1115.Hillsville

October 19: Youth Committee meeting 7 PM

October 31: DEADLINE for the Patriot's Pen, Voice of Democracy and Teacher of the Year contests.

November 2-5: Southern Conference, Tulsa, Oklahoma

November 4: Manassas Veterans Day event: Breakfast 7:00 AM & Parade 11:00 AM

November 4-5: Buddy Poppy Drive - Walmart in Haymarket 10 - 6 PM (Post)

November 5: Clocks change to Standard Time

November 11: Manassas Veterans Memorial 8:30 AM & replace flags at Manassas Cemetery 9:00 AM

November 13: Auxiliary monthly meeting at 2:00 PM

November 16: Youth Committee meeting 7 PM

November 18: District 8 meeting at Southern Fauquier Post 7728 - 10 AM

November 30: DEADLINE for Wreaths Across America fundraiser

The Auxiliary is requesting assistance from the Post and the community to participate in our Wreaths Across America (WAA) fundraiser. The Wreaths Across America Day is scheduled for December 16, 2023. To learn more about WAA or to pay for your sponsorship of \$17.00 with a credit card, please

*(See Auxiliary on page 3)*

## Youth Committee



Lou Filippone

The Youth Committee hopes this newsletter finds everyone well. Here is an update on current Youth Committee activities for the month of October. We held our last meeting on Thursday, 21 September at the Post. The attendees were Comrades Alex and Tina Bliem, Erika Laos, Auxiliary President Mary Corkhill and myself. Comrade Peter MacLeod participated by conference call.

The most pressing item on the agenda is the Youth Essay Contest/ Teacher of the Year campaign which is currently underway. With the quickly approaching deadline of 31 October for our contests this is the busiest phase of the season. We are currently collecting our applications from our schools for our students and still attempting to recruit teachers for their contest. Unfortunately getting nominees for the Teacher of the Year program is the most challenging aspect of our campaign. If you know of any teachers from any grade level up to 12th grade, who you would like to nominate, please let us know soon. The teacher must have displayed a commitment to patriotism and Americanism. Usually our winners are American History, Civics, Social Studies or Military Science instructors and demonstrate exceptional teaching skills in these fields of instruction. You just need to nominate the teacher, they will complete the application and provide the required documents. If you need an application, you can ask anyone on the Youth Committee or download it from the VFW website.

The 9 September Flag Retirement Ceremony was another resounding success thanks to all the regular members who participated. Statistics furnished by Tina Bliem indicate that there was a total of 32 participants: 5 VFW members, 4 Auxiliary members, 11 Scouts and 7 adult Scout Leaders. Scouts were from Pack and Troop 1372 Blue and Gold and Crew 1372. A big thank you goes out to all those who volunteered their time to conduct this event including Alex and Tina, Post Commander Wayne Moore, Past State Commander Rick Raskin, Peter MacLeod, Auxiliary members Mary Corkhill and Janet Raskin, and everyone else. We have at least two Flag Retirement ceremonies each year, so there will be another one scheduled in the spring of 2024.

*(Auxiliary from page 2)*

visit [https:// www.wreathsacrossamerica.org/](https://www.wreathsacrossamerica.org/) and please include our Sponsoring Group ID No. VA0040P and Cemetery ID No. VAQNCT. The deadline for your sponsorship is November 30, 2023.

The VFW National Home was founded in 1925 to help fulfill the VFW pledge to "honor the dead by helping the living." Congratulations to the following individuals who became Life Members of the VFW National Home: Lorraine Allen-Smith, Carol Cullen, Elanor Doczi, Cynthia McIntyre, Judith Shepard and Yvonne Sullivan. If you wish to become a Life Member please send your application with \$50 to the VFW National Home, 3573 S. Waverly Rd, Eaton Rapids, MI 43327. Thank you in advance.

Our Scouts are proposing to paint the Post storage shed as a community service project. We are considering changing the color from white to off white or light gray so it doesn't show stain as easily. We are looking at 21 October for the shed painting. If you can lend a hand, please let us know, otherwise it will be Alex, Tina and the Scouts once again. The Scouts will probably be parking their storage trailers behind the shed once it has been painted since the current location makes it difficult to access them. There is another option to park the trailers at the American Legion lot, but our Post location makes more sense, provided our security cameras keep a watchful eye on them.

Don't forget about the upcoming Manassas Fall Jubilee, which is scheduled for Saturday, 7 October in Old Towne Manassas. Just to review, our table will be set up in front of the Freedom Museum on Center Street. Those who are interested in attending should let us know. We meet at the Post at 8:00am and set up for the event which begins at 10:00 AM. We do a little recruiting, some youth contest promotion and give out Halloween bags to the children loaded with small gifts. If the weather is cooperative, it is a wonderful event to participate in. I would consider it the most enjoyable of all the VFW activities I attend with crisp fall weather and the wonderful experience of a Manassas street fair with local food and activities. You must attend this one. You won't regret it.

Our next Youth Committee meeting is scheduled for Thursday, 19 October at the Post at 7:00 PM. Please join us and get involved with our kids! You'll also have the privilege of working with some great people on the Committee. Hope to see you there.

With best regards,

Lou Filippone  
Youth Committee Chair

Your prayers are requested for the family of Life Member Constance (Connie) Coolick, who went to her Heavenly home on September 19, 2023. Also, prayers for other individuals and/or family members who are ill, hospitalized or have gone to their Heavenly home.

Respectfully,

Mary Corkhill  
VFW Auxiliary President

# Scouting Report



Alex & Tina Bliem  
Post 7589 Scouting  
Representatives

Our troops this month took a couple of camping trips. One was over the long Labor Day weekend where they went to the beach. There they enjoyed the water, some good food, and took a tour of a Navy ship.

At the end of the month, they went on a shooting camping trip where they braved tropical storm Ophelia. They camped the entire weekend in less-than-ideal conditions while the storm went through. As always they adapted and dealt with it. The troops will have a joint Court of Honor in October where they will officially be awarded all of the ranks, merit badges and special awards that were earned over the summer.

Our cubs are getting back into the swing of things with their meetings. They held their Rain Gutter Regatta at the Signal Hill Park where they had a lot of fun. This is where they build their boats out of wood with a sail and blow them down a track filled with water. Our pack also absorbed another pack. The other pack's previous chartering organization decided not to sponsor the pack anymore through no fault of their own. Our membership numbers have gone up because of this and the scouts from the other pack have been welcomed into ours and now have a happy home.

The venturing crew has a bunch of fundraisers planned to raise money for their High Adventure trip to Seabase next summer (very expensive). They will be having a pancake breakfast at our post on 10/8 from 8-12. Please come out and support our scouts if you are able. They also recently went through a time management class which was very eye-opening for some of the scouts.

Be safe,

Alex & Tina Bliem  
VFW Post 7589  
Pack, Troops, Crew 1372





# CREW 1372'S FUNDRAISER

## *Pancake Breakfast*

SUNDAY, OCTOBER 8th FROM 8 AM to 12PM

Manassas VFW Post 7589

9304 Centreville Rd, Manassas, VA 20110



## Post donates \$500 to Tech for Troops



JASON PARKER / TECH FOR TROOPS

Rick Raskin presents a \$500 donation from Post 7589 to the Tech for Troops marketing director



JASON PARKER / TECH FOR TROOPS

Rick Raskin, Monti Zimmerman and the Tech for Troops Business Development Manager Jack Raymondson

## The VA Office of Inspector General (OIG) and FBI seek your help to stop medical identity theft scams.

Medical identity theft occurs when someone steals or uses your personal information to receive medical care or submits fraudulent claims for payment to health insurers without your authorization. Medical identity theft can be committed by anyone, including family members, caregivers, healthcare providers or pharmacy staff, telemarketers, and fraudsters. If you or a family member has experienced any of the following, you may be a victim of medical identity theft:

- Received VA benefits or healthcare insurance correspondence you did not request or initiate (such as appointment reminders or benefit determination letters)
- Were sent bills, explanations of benefits, or other paperwork for services not received
- Solicited for or received prescription drugs, durable medical equipment, or medical supplies that you did not order or authorize
- Discovered incorrect information within your medical records
- Denied insurances (life, long-term care, or supplemental) due to inaccurate medical history
- Contacted about or informed of action to collect on unknown outstanding medical expenses in your name
- Noticed missing mail or unauthorized access to your financial records

### How to Protect Yourself:

- Secure all your personal and health insurance information.
- Do not allow others to use your health insurance (an illegal act) and be cautious with whom you share your data.
- Beware of unsolicited "free" healthcare service offers or promised compensation.
- Check your explanations of benefits carefully to ensure the accuracy of dates, locations, providers, and services billed.
- Notify VA and your insurers if your identity or that of a covered family member is compromised.
- Alert your local VA if your VA ID cards are lost or stolen.
- Monitor your credit reports for new inquiries, opened credit lines, or unknown debts.

Submitted by Gunny Lewis

## Post participates in POW/MIA ceremony at American Legion Post 10

American Legion Post 10 held their annual POW/MIA Recognition Day ceremony on September 15. Post 7589 was invited to participate and we made a good showing. Post Commander Wayne Moore participated in the ceremony and Comrade Gunny Lewis, who is also Post 10's Quartermaster, was Master of Ceremonies. Others who attended were Auxiliary President Mary Corkhill, Auxiliary District 8 Chaplain Janet Raskin and PDC Rick Raskin who also serves as Judge Advocate at Post 10.

PHOTOS: RICK RASKIN / POST 7589



Post 7589 Commander Wayne Moore



Master of Ceremonies Comrade Gunny Lewis who also serves as Post 10's Quartermaster



Auxiliary President Mary Corkhill, Auxiliary District 8 Chaplain Janet Raskin





**SATURDAY, DECEMBER 16**  
**3 PM–6 PM**  
**AT THE POST**

**MENU**  
**TURKEY**  
**BRISKET**  
**MAC & CHEESE**  
**GREEN BEANS**  
**SALAD**  
**ROLLS**  
**ICED TEA**  
**LEMONADE**  
**CAKE**

**POST & AUXILIARY MEMBERS — FREE**  
**GUESTS \$5 PER PERSON DONATION**

[CLICK HERE TO RSVP](#)

Or visit: [www.vfw7589.org/Fees/RSVP.htm](http://www.vfw7589.org/Fees/RSVP.htm)

## Budget removes age 55 requirement for tax deduction on military retirement income

RICHMOND, VA -- Del. John McGuire announced that his multi-year fight to reduce retirement taxes for all retired Virginia veterans has become a reality.

The budget eliminates the requirement that Virginia vets be 55 or older to access a program that lets veterans exempt up to \$40,000 of their military retirement pay from taxation.

The \$40,000 tax cut program was initially created by Del. McGuire's House Bill 1188 last year after a 30-year-long effort to eliminate these taxes. However, last year's bill included a requirement that vets be 55 or older to access the program, so McGuire successfully worked with others to eliminate that requirement and open the program to all veterans in this year's budget.

"For too long Virginia veterans have retired to other states. This tax break for veterans will keep veterans in Virginia and directly, immediately help folks who laid it on the line for our country," McGuire said. "My time in the military showed me that financial hardship is a huge hurdle for veterans, and it shouldn't be. I want Virginia's economy to grow and I'll do everything I can to make this the best state for veterans in the country."

This was also a Joint Leadership Council (JLC) initiative introduced by The American Legion and co-sponsored by the VFW; a multi-year effort that has finally come to fruition.

The following text is the substantive language in the legislation:

c. For taxable years beginning on and after January 1, 2024, but before January 1, 2025, up to \$30,000 of military benefits; and for taxable years beginning on and after January 1, 2025, up to \$40,000 of military benefits.

The subtraction allowed by subdivision c shall be allowed for military benefits received by an individual of any age.



## VFW Launches Exclusive Gaming League for Veterans

*The VFW aims to foster connections and combat veteran isolation*

**KANSAS CITY, Mo. (Sept. 12, 2023)** – The Veterans of Foreign Wars (VFW) is proud to announce the launch of its inaugural gaming league, Combat Tested Gaming. [Working alongside veteran-owned KC Crew](#), this landmark initiative provides a new platform for service members and veterans to hone their gaming skills while building camaraderie with other members of the veteran community. [Watch the promo.](#)

An estimated 3 billion people globally will play video games this year, and the VFW recognizes the importance of providing diverse opportunities for veterans to foster connections and combat isolation in an inclusive and support environment. Combat Tested Gaming aims to fulfill this mission by bringing service members and veterans together through esports.

"Combat Tested Gaming is about more than gaming, it's about leveraging social engagement and skill development opportunities to build a strong community of support," said VFW National Commander Duane Sarmiento. "Veterans find strength in unity, and this bold, new initiative harnesses the power of technology to connect them in a way that's both fun and therapeutic."

To kick off this exciting endeavor, Combat Tested Gaming's debut season will feature leagues for popular competitive video games Call of Duty®: Warzone and Rocket League. League winners will go on to compete in the 2024 VFW National Gaming

## 3M Lawsuit Ends in Victory for Veterans

*Significant funds will be awarded to hundreds of thousands of veterans*

**KANSAS CITY, Mo. (Sept. 18, 2023)** – Thousands of veterans and current military service members may be entitled to receive compensation in the 3M earplug lawsuit. 3M agreed to pay \$6.01 billion to settle lawsuits filed by U.S. service members and veterans who suffered hearing injuries to include hearing loss and tinnitus as a result of using the company's earplugs. From 1999 to 2015, 3M manufactured, marketed and sold its Combat Arms Earplugs, Version 2 (CAEv2) with a design defect which hampered their effectiveness.

Approximately 240,000 veterans filed lawsuits against 3M, making the 3M Combat Arms Earplug Products Liability Litigation the largest mass tort multidistrict litigation in U.S. history. The settlement comes after 3M failed to move the lawsuits into bank-

ruptcy court in hope of limiting its liability.

Championship at the 125th VFW National Convention in Louisville, Kentucky, next July.

Combat Tested Gaming registration is completely free. The first league play registration closes Oct. 20, with weekly matches set to begin the week of Oct. 23. All matches will be streamed live to the VFW's Twitch and YouTube accounts.

Whether you game solo or have a brigade of battle buddies, service members and veterans from all branches of the military are encouraged to join Combat Tested Gaming for the chance to connect with their fellow veterans and experience the positive impact of esports.

For more information about Combat Tested Gaming leagues or to register, visit [vfw.org/Gaming](https://vfw.org/Gaming).



ruptcy court in hope of limiting its liability.

"This settlement is a tremendous outcome for veterans of Iraq and Afghanistan who put their lives on the line for our freedom," said Duane Sarmiento, VFW national commander. "For those who came home with hearing damage due to 3M's faulty earplugs, this is not only compensation, it's a statement that their sacrifices won't be ignored."

In February, VFW filed an Amicus Curiae brief to the Seventh Circuit Court of Appeals in support of claimants seeking relief from 3M for defective ear protection. 3M had tried to shift the blame to its subsidiary Aeero Technologies, who it said was responsible for the defective earplugs and who had filed Chapter 11 bankruptcy, to avoid paying claimants. The bankruptcy appeal is being held in abeyance pending finalization of the settlement.

More information about the settlement is available at [3m-earplugsettlement.com](https://3m-earplugsettlement.com).



**SAVE THE DATE!**



Gary & Vicki's



# HOMECOMING

CELEBRATION



**Join us for great food, live music,  
cornhole, bon fire, smores & more!**  
October 14, 2023 at 5pm  
Hillsville VFW  
**This is a no alcohol event due to Hillsville  
VFW being a dry post.**

**SATURDAY 14th, OCTOBER, 2023**

**Click on the link below to RSVP**

[Gary, and Vicki's Homecoming / Chicken Stew at VFW 1115 Hillsville, VA Tickets, Sat, Oct 14, 2023 at 5:00 PM | Eventbrite](#)

### PSC Ken Wiseman announces candidacy for VFW JAG



Comrades,

I write to you today to announce that I AM entering the race to become the National Judge Advocate General for the 2026-2027 VFW year. I AM excited for this new venture, and I hope you will support me as I campaign for the position. That campaign will take me to other Southern Conference states over the next two years and I AM looking forward to it.

I believe that we need to elect officers with resumes showing knowledge and experience in the VFW. We have seen some of that in the position of Judge Advocate General, but we need more of it. While I AM a paralegal, this position does no legal work for the organization. That makes me see that we need someone who understands how the organization works and has the experience of leading at all levels of the organization. My resume is full of experience at every level of the VFW.

I will continue to serve in my position as the National Council Member for the balance of my term. If elected, I will serve as the Judge Advocate General in the year after my term as National Council Member ends.

I have attached my flyer. I hope you will share it with others in your Post and District, and on your Post Facebook pages. I look forward to any questions you may have, and I greatly value the support Virginia has long shown me.

Take care!

Ken Wiseman  
Member, National Council of Administration  
District 10 Commander  
All-American Past State Commander  
VFW Department of Virginia

### VFWVA on the Hill



Jill Lynch and Tom Levitt meeting with Rep Good and his Legislative Staff. Great conversation, and we look forward to more communication in the near future.



Jill Lynch and Tom Levitt at Representative Gerald Connolly's office



# Sock Hop Dance

FEATURING HITS FROM THE 50'S, 60'S, 70'S + 80'S!

*Food, Beverages,  
Dancing,  
Fun, Fun, Fun!*



*Bishop Russell Hall*

9290 STONEWALL ROAD, MANASSAS VA 20110

SATURDAY, OCT. 21, 2023

6PM - 10PM

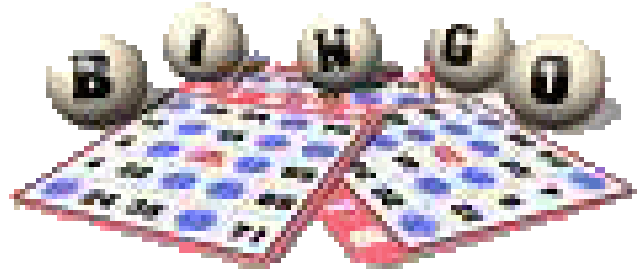
*Purchase tickets via our website -  
FREEDOMMUSEUM.ORG/SOCKHOP*

*or by calling 703-393-0660 (Thurs-Sun)  
or by visiting the museum.*

#### HIGHLIGHTS:

- *Free Swing Lessons*
- *Halloween Costume Contest*
- *Hula Hoop Contest*
- *Generational Trivia Contest*
- *Silent Auction*
- *And much, much more!*

**30 Games Including:**  
**\$750 Jackpot**  
**(Starts with 51 numbers)**  
**Lucky 7 Progressive**  
**90:10 Jackpot**  
**(Prize = 90% of sales)**  
**Pull Tabs & Hard Cards**  
**\$10.00 Bingo Book**  
**(includes Early Birds)**  
**WEDNESDAY MORNINGS**  
**OPEN TO THE PUBLIC**  
**DOORS OPEN 7:30 AM**  
**GAMES START AT 9:15 AM**  
**SPECIAL**  
**BUY 2 BOOKS**  
**GET A 1/2 BOOK FREE**



**Post 7589 Service Officer**  
**Monti Zimmerman**  
**703-223-2211**

**Veterans Crisis Line**  
**1-800-273-8255 PRESS 1**  
 Confidential chat at [VeteransCrisisLine.net](http://VeteransCrisisLine.net)  
 or text to **838255**

### Legacy Life membership

This prestigious program is available to all Life members and is now available in memoriam for past Life members. There are three levels of membership; each offer their own package of exclusive member benefits. Financial contributions to the Legacy Life member program are tax deductible to the maximum extent allowed by law.

Enrollment Cost:

Annual Payouts:

Levels		Posts	Departments	National
Gold-	\$1,200.00	\$18.00	\$18.00	\$18.00
Silver-	\$800.00	\$12.00	\$12.00	\$12.00
Bronze-	\$400.00	\$6.00	\$6.00	\$6.00

Member Incentives	Bronze \$400	Silver \$800	Gold \$1200
Plated Engraved Legacy Life Card*	●	●	●
Lapel Pin*	●	●	●
Hat Pin*	●	●	●
Distinctive VFW Store Line for Legacy Life members*	●	●	●
Framed Legacy Life membership Certificate	●	●	●
Member Recognition on Internet & Convention Program	●	●	●
Special Legacy Life Plaque	●	●	●
Hat Patch*	●	●	●
Personalized Brick at Centennial Plaza*	●	●	●
VFW Store Discounts (for personal use only) *	5%	10%	15%
Increased Level of No-Cost AD&D Insurance *	\$2000	\$3500	\$5000
Annual Endowment: Post	\$6	\$12	\$18
Annual Endowment: Department	\$6	\$12	\$18

## Upcoming Events

October 2	Auxiliary meeting — 2:00 PM Post meeting — 7:30 PM
October 7	Manassas Fall Jubilee — 10AM - 5 PM
October 8	Scout Fundraiser — Pancake breakfast at the post: 8 AM—12 PM
October 14	State Commander & President’s Homecoming — Hillsville, VA — Post 1115
October 19	Youth Committee meeting — 7:00 PM
October 31	Deadline for the VOD, Patriots Pen and Teacher of the Year contests
November 4	The 15th Annual Northern Virginia Veterans Parade — Old Town Manassas Post’s Buddy Poppy drive — Haymarket Walmart — 10 AM
November 6	Post meeting — 7:30 PM
November 11	Manassas Veterans Memorial 8:30 AM & replace flags at Manassas Cemetery 9:00 AM
November 13	Auxiliary meeting — 2:00 PM
November 16	Youth Committee meeting — 7:00 PM
November 18	District 8 Meeting — Post 7728, Morrisville — 12:00 Noon
November 30	Sponsorship deadline for Wreaths Across America
December 3	Youth awards ceremony — 4:00 PM

### Buddy Poppies get a new form

Starting this month National will be filling orders for the new metal Buddy Poppy emblem. The VFW tab can be folded under and it can be worn as lapel emblem.

The cost for traditional buddy poppies, which may still be ordered, increased by 250% to \$160/500. The new emblems are \$70/500 and will be used by our post when we exhaust our existing supply of traditional buddy poppies.



# *Have You Ever Served in the U.S. Military?*

OR KNOW A VETERAN WHO HAS?

We Offer Free  
Support for  
Local Veterans &  
their Families

- Find Resources
- Application Help
- Healthcare
- Social Support



Contact the Northern Virginia  
Veterans Association  
for more information.

[info@novavets.org](mailto:info@novavets.org)

703-659-0788



501(c)(3) 47-3097023



## Local Resources to Support Our Local Veterans & Families Refer Any Veteran or Family Members to our Free Services

See our website <http://novavets.org>

For Veteran/family support please see our website or call 703-659-0788

The Northern Virginia Veterans Association is a non-profit that personally coordinates services for our most vulnerable veterans and spouses, at no cost, to a vast system of community resources addressing needs that support their quality of life.

- Many of our veterans are challenged and cannot efficiently and effectively complete online applications and then follow up with their recommended services
- This may be due to old age, physical conditions, mental health conditions, lack of IT skills and/or devices, or general inability to function at a level sufficient to make it through the application process and keep up with one or multiple appointments
- We provide personal on-going support and follow up to ensure our most vulnerable veterans receive the care and services they have earned and deserve

We case manage around any service needed to include VA Claims, Healthcare, Transportation, Caregiving, Shelter/Housing, Hospice, Legal, Finance, Employment, Recreation, and others.

### Veteran Quality of Life Cycle<sup>®</sup>

One point of entry for local services, resources, personal support, follow-up and care.



Ask About Our Military Culture, Conditions & Healthcare Resources Training for Civilian Medical Providers & Staff

Come Volunteer & Support events and initiatives as they arise whether that's on Veterans Day, Memorial Day or all year long. Many who served want to keep on serving, we welcome all!



### 2023-24 Post Officers

Commander	Wayne Moore
Senior Vice Commander	Lou Filippone
Junior Vice Commander	Bobby Knight
Quartermaster	Rick Raskin
Chaplain	Ron Knowles
1 Year Trustee	Tina Bliem
2 Year Trustee	Chris Morgan
3 Year Trustee	Lamar Baker
Adjutant	Ron Link
Service Officer	Monti Zimmerman
Judge Advocate	Bobby Knight
Surgeon	Alex Bliem

### 2023-24 Auxiliary Officers

President	Mary Corkhill
Senior Vice President	Ellie Smith
Junior Vice President	Cindy McIntyre
Secretary	Ann Mitchell
Treasurer	Elanor Doczi
Chaplain	Cookie Cullen
Conductress	Janet Raskin
Guard	Patsy Gough
Trustee 1	Janet Raskin
Trustee 2	Yvonne Sullivan
Trustee 3	Jan Germain
Historians	Jan Germain
	Patsy Gough
Patriotic Instructor	Yvonne Sullivan
	Lorrie Allen Smith



**The VFW National Home for Children**

The VFW National Home for Children offers a once in a lifetime **opportunity** for military and veteran related families.

If you know of a family in your community that could use our help, please encourage them to call!

We are currently accepting new resident families into our program.

Most qualify to apply. Caring staff will help families to determine eligibility.

**A Great Place to Call Home!**

**800-313-4200**

**SIGN UP TO JOIN  
VFW ACTION CORPS**

RECEIVE OUR WEEKLY E-NEWSLETTER  
AND ACTION ALERTS

Use camera mode to scan code



or  
Text "VFW" to 50457  
or  
Visit [vfw.org/JoinActionCorps](http://vfw.org/JoinActionCorps)

Virginia Department  
of  
Veterans Services

Manassas Office

9300 W. Courthouse Rd.  
Suite 305  
703-479-7437

## A Special Offer from Manassas Ballet Theatre

Fauquier Times  
Prince William Times & POTOMAC ANALYSIS present

# MANASSAS BALLET THEATRE

in **COLIN: SON,  
MARINE, HERO**

One Life  
The Story of Many

**November  
9-11**

with the Manassas Ballet Theatre Orchestra  
at the **HYLTON PERFORMING  
ARTS CENTER**

Tickets: [www.hyltoncenter.org](http://www.hyltoncenter.org) • 703-993-7759  
Info: [manassasballet.org](http://manassasballet.org) • (703) 257-1811

Manassas Ballet Theatre is funded in part by the National Endowment for the Arts, the Virginia Commission for the Arts, Prince William County, and the City of Manassas

PRINCE WILLIAM  
Parks, Recreation & Tourism

**Opening Night, Thursday, November 9**

**All Veterans, Active Duty Military &**

**First Responders get in free, & their family members  
receive 20% off tickets.**

**Use code SERVICE for free ticket & COLIN20 for 20% off.**

**Please call or email at 703-257-1811 or [info@manassasballet.org](mailto:info@manassasballet.org)  
with any questions.**

Post 7589 Supports Manassas Ballet Theatre  
in memory of LCPL Colin Wolfe

VIRGINIA SENATORS		
Mark Warner		202-224-2023
Tim Kaine		202-224-4024
VIRGINIA REPRESENTATIVES		
Rob Wittman	1st District	202-225-4261
Jennifer Kagans	2nd District	202-225-4215
Bobby Scott	3rd District	202-225-8351
Jennifer McClellan	4th District	202-225-6365
Bob Good	5th District	202-225-4711
Ben Cline	6th District	202-225-5431
Abigail Spanberger	7th District	202-225-2815
Don Beyer	8th District	202-225-4376
Morgan Griffith	9th District	202-225-3861
Jennifer Wexton	10th District	202-225-5136
Gerry Connolly	11th District	202-225-1492



# CANNON NEWS

The official publication of Veterans of Foreign Wars of the U.S.  
 Francis Cannon Post No. 7589  
 P.O. Box 10206  
 Manassas, VA 20108-0668

Cannon News is emailed to Post and Auxiliary members with email addresses on file.  
 Cannon News is also available on our website [www.vfw7589.org](http://www.vfw7589.org)



Editor: Rick Raskin  
 Copy Editor: Janet Raskin

Please email articles to [quartermaster@vfw7589.org](mailto:quartermaster@vfw7589.org) no later than the 28th of the month.  
 We reserve the right to edit submitted articles for timeliness, clarity and syntax.



### **SPONSOR A WREATH FOR A VETERAN'S GRAVE**

Since 2007, Wreaths Across America carries out its mission **REMEMBER** the fallen, **HONOR** those that serve and **TEACH** our children the value of **FREEDOM** in part by placing wreaths on veterans graves during the holiday season.

The **Francis Cannon Auxiliary to VFW Post 7589** is working with Wreaths Across America (WAA) to help place more wreaths than ever before on Veterans' graves at **Quantico National Cemetery**. **Deadline Date is November 30, 2023.**

**Sponsorships are \$17 each.** We are participating because we think it is a great program and \$5 of every sponsorship will support the Francis Cannon Auxiliary to VFW Post 7589 directly so we may continue to assist veterans and families as well as our community.

Wreaths Across America will be at **Quantico National Cemetery** to Remember and Honor our veterans through the laying of Remembrance wreaths on the graves of our country's fallen heroes and the act of saying the name of each and every veteran aloud.

**PLEASE JOIN US** -- All wreaths will be placed by volunteers on **Saturday, December 16, 2023 at 12 Noon.** (Advance notice: the time is subject to change.) This is a moving experience that you should make part of your holiday tradition. With your help our local heroes will be remembered this Holiday Season. **How many sponsorships can we count on you for?**

For more information visit [www.WreathsAcrossAmerica.org](http://www.WreathsAcrossAmerica.org), or call 877-385-9504.  
You can also email [infor@wreathsacrossamerica.org](mailto:infor@wreathsacrossamerica.org)



**WREATHS** *across* AMERICA

Tax ID 20-8362270

**Wreath Sponsorship Form**

Sponsored wreaths are placed on grave markers at state and national veterans' cemeteries, as well as at local, community cemeteries each December. Wreaths may also be sponsored online at [www.WreathsAcrossAmerica.org](http://www.WreathsAcrossAmerica.org). If you wish to make your sponsorship with a credit card, please visit our website for a secure online transaction.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

**Please make checks payable to:**

Wreaths Across America  
 4 Point Street, PO BOX 249  
 Columbia Falls, ME 04623  
 Call 877-385-9504 with any questions.  
*Thank you for your sponsorship and joining us in our mission to Remember, Honor and Teach!*

Sponsorship Type	Price	Quantity	Total
Individual = 1 Wreath	\$17.00		
2 Wreaths	\$34.00		
Family - 5 Wreaths	\$85.00		
10 Wreaths	\$170.00		
		Grand Total	

***\*GRAVE SPECIFIC REQUESTS ARE NOT ACCEPTED ON THIS FORM\****

**In Honor of:**

\_\_\_\_\_

*Below, please provide email or mailing address of "In Honor of" recipient so we can notify them of your sponsorship in their honor. If you have a specific message please write it on the back of this sheet.*

Email address: \_\_\_\_\_  
 Mailing address: \_\_\_\_\_

**In Memory of:**

\_\_\_\_\_

*This name will be listed on our online memory wall. Below, please provide name, rank, branch of service and state resided.*

Branch of Service: \_\_\_\_\_  
 Rank: \_\_\_\_\_  
 State: \_\_\_\_\_

*Please note, ALL sponsored wreaths are shipped directly to the location and NO wreaths are sent to the individuals purchasing sponsorships.*

Location ID: VAQNCT Fundraising Group ID: VA0040P

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**FOR OFFICE USE ONLY:**

Cash: \_\_\_\_\_ Total: \_\_\_\_\_ Date Received: \_\_\_\_\_

Total No. Checks: \_\_\_\_\_ Reconciled: \_\_\_\_\_

MO: \_\_\_\_\_

Entered: \_\_\_\_\_

GEN: \_\_\_\_\_