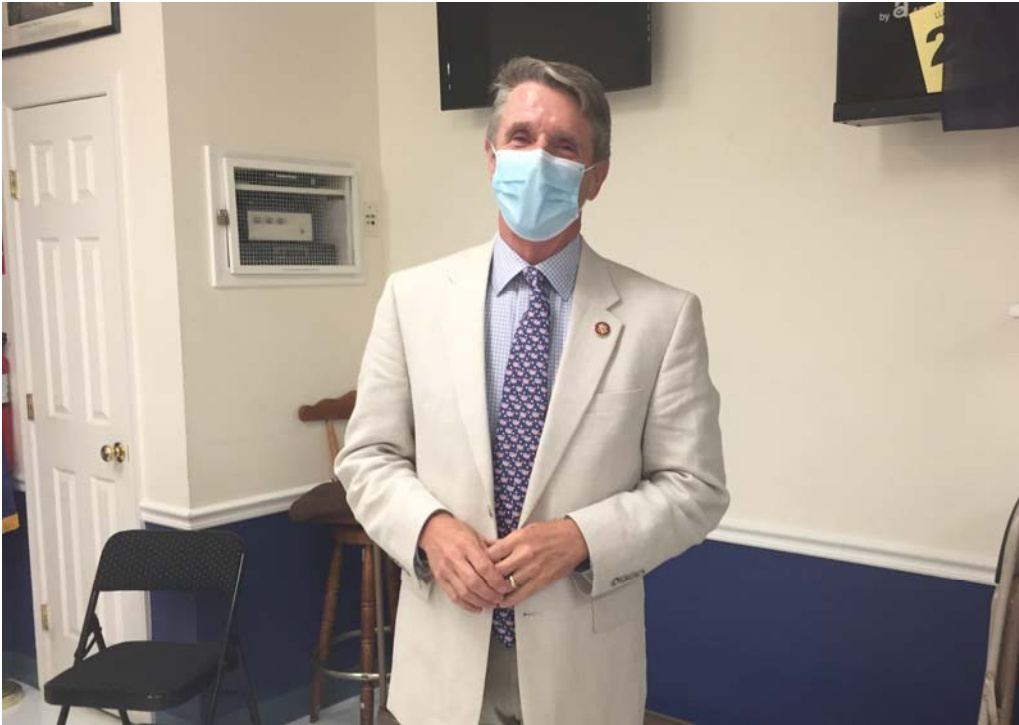


# CANNON NEWS

Francis Cannon VFW Post 7589  
Manassas, Virginia  
August 2020

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RICK RASKIN / POST 7589

Virginia 1st District Congressman Rob Wittman visited our Post meeting on July 6. He spoke on defense appropriations, the need to keep our armed forces strong and issues affecting veterans. He also answered questions from the attendees.

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**CANNON NEWS**—2015, 2018 & 2020 National VFW Publications Silver Award  
2013, 2014, 2015 and 2017 Clair B. Poff Public Relations Award for  
Most Outstanding Post Publication/Newsletter, VFW Department of Virginia

## Commander's Message



Wayne Moore

### RUSSIA: FRIEND OR FOE?

Russia offered financial bounty to the Taliban for U. S. troops heads in Afghanistan. Hearing this bit of news should have us up in arms, but the silence is deafening. Our young men and women are in the 19th year of conflict with an enemy not easily identified or engaged. Throughout our history, the people who fought our wars had very little to do in

their making. However, the one thing in which the servicemember depends is the undeterred support of the country. As veterans, hopefully, we understand and are sympathetic to their circumstances of war and focus our support on the warriors.

Intel, true or false, who do we believe? Why would Russia pay for the lives of American soldiers? There is nothing new about many of those we elect. Having never been in a war they have no reservations in playing politics with the lives of those serving. Let us be clear; Russia has no affinity for America or any of its' people that do not serve their purpose.

### Synopsis on the Red Beast:

Russia and America have some commonalities. Both countries have a bloody past in Afghanistan, where thousands died or were wounded. The Taliban gave it to Russia for about ten years and drove them out, leaving several lessons to learn that we failed to heed. Now the consensus is that neither wants the Taliban in power and both hope for a more stable country.

Looking back: The United States and Russia's relationship dates back to 1780 with representatives, and then establishing formal diplomatic relations in 1807. The U.S purchased Alaska in 1867 and appeared to have had a cordial relationship for many years. In 1922 the Union of Soviet Socialist Republics (USSR) was established.

Germany invaded the Soviet Union on June 22, 1941, as the U.S stayed on the sideline. However, the Japanese attack on Pearl Harbor in December 1941 placed the Japanese on the side of the Germans. The U.S. then entered the war and allied with the Soviet Union. Germany surrendered in May 1945, and the Japanese followed suit in August 1945 after the dropping of the atomic bombs on Hiroshima and Nagasaki. The United States and the Soviet Union ended World War II as allies.

The struggle between the United States and the Soviet Union for domination in specific sectors and parts of the world, dubbed the Cold War, began in 1947. The situation brought on the division of Europe, creating the Eastern/Western Bloc with the Soviet Union "Iron Curtain" controlling the East. The Cold War

*(See Commander on page 3)*

## Auxiliary President



Mary Corkhill



With the spike of the coronavirus the last few weeks, it is uncertain when things will get back to normal.

I trust you and your family are taking steps to stay safe and following the guidelines set forth by the local and state authorities. Your well-being is our very top priority. **PLEASE** remember to keep everyone facing medical issues in your thoughts and prayers.

**It is official!** The Auxiliary meetings will now be on the second Monday of each month starting at 7:00 PM. The change was requested by the members due to the meeting room not allowing us to maintain the six-foot required social distancing. It was also requested that all members be required to wear a mask during the meeting. If you don't have a mask, one will be provided. If you can't join us in person, we invite you to join us by teleconferencing. An email will be sent to you with all the information.

On July 24, 2020, National held their mini-convention and elected the following National Officers: President Sandi Onstwedder (Department of Michigan), Sr. Vice Jean Hamil (Department of Florida), Jr. Vice Jane Reape (Department of New York), Secretary-Treasurer Ann Panteleakos (Department of Connecticut), Chaplain Carla Martinez (Department of Utah), Conductress Brenda Bryant (Department of Missouri) and Guard Lois Callahan (Department of Arkansas). The winners for the Patriotic Art Contest were also announced. The first place was from Michigan, second from Oklahoma, third from New Jersey, fourth from Oregon, fifth from Nevada, **sixth from Virginia**, seventh from Arizona, eighth from Illinois and ninth from Arkansas. Congratulations to all the winners.

Now that the new Auxiliary year has started, the National MALTA system is able to receive your dues for 2021. National is encouraging annual members to pay their dues through MALTA. You can also pay your dues of \$20 to the Auxiliary Treasurer, Elanor Doczi, 7415 Roxbury Ave., Manassas, VA 20109. Thank you for taking the time to pay your dues in advance.

There are several events I would like to bring to your attention. **First:** An email from the State Adjutant Ed Mann states that National Commander-in-Chief Hal Roesch's Homecoming for August 27-30 at the Portsmouth-Norfolk Waterfront Hotel in Portsmouth, VA has been postponed. A new date is yet to be determined. **Second:** The 8<sup>th</sup> Celebrating American's Freedom Event (CAFÉ) will be at the National Home for Children in Eaton Rapids, MI on September 11, 2020. **Third:** The National President's Homecoming will be the same day at the Crowne Plaza Lansing West Hotel in Lansing, MI. **Fourth:** The first 8<sup>th</sup> District meeting will be Saturday, September 19, 2020 at Post

*(See Auxiliary on page 3)*

(Commander from page 2)

was a period of geopolitical tension between the Soviet Union and the United States and their respective allies.

Throughout the ensuing years, there were constant covert /overt cat and mouse games. President Ronald Reagan in 1982 labeled the Soviet Union an “evil empire” and kept the pressure on with his call for Premier Mikhail Gorbachev to tear down the Berlin Wall. The Wall fell in November of 1989, and 1991 saw the end of the Union of Soviet Social Republics that led to the creation of 15 new countries.

Russia has seen three presidents since the fall of the Soviet Union, with Vladimir Putin being the standout. His desire for Russia’s return as a global power coupled with disdain for the United States is relentless. Espionage, cybercrime, and murder are all in his playbook to ensure nothing short of the demise of the United States. The adage of “it’s not if a dog would bite, but when will it” applies to Putin’s paying for the killing of U.S. soldiers; without hesitation or question, especially knowing the consequences, is not forthcoming!

(Auxiliary from page 2)

2524 in Culpeper, VA starting with the School of Instruction at 9:00 AM. At this time, this is the only information I have to report due to the coronavirus keeping us from planning our schedule for the next few months. All events are subject to change.

This year’s theme for Voice of Democracy is **“Is This the Country the Founders Envisioned?”** and the Patriot’s Pen is **“What is Patriotism to Me?”** The deadline for both contests including the Smart/Maher VFW National Citizenship Education Teacher of the Year is October 31, 2020. The awards ceremony will be announce at a later date. The Auxiliary has three contests we are working on: Continuing Education Awards (for Auxiliary immediate family members 18 years of age or older) with the deadline on February 15, 2021; Illustrating America (an art contest for students from grades 1-8) and the Young American Creative Patriotic Art contest (which expresses patriotism through art) for high school students. Both deadlines are March 31, 2021.



Again this year, we are requesting your participation in our annual fundraiser with the assistance from the not-for-profit Wreaths Across America (WAA) organization. We have participated in this fundraiser for several years which gives us the opportunity to raise funds for our organization’s needs as we assist WAA in gathering sponsorships for the wreaths. On December 19, 2020, we will be placing wreaths on veterans’ graves at Quantico National Cemetery. When you sponsor a wreath for \$15, the Auxiliary gets \$5.00 in return. Forms can be printed from our website at [www.vfw7589.org](http://www.vfw7589.org). You can also contact Ginger Harvey at (571) 285-6243 or [gch1130@aol.com](mailto:gch1130@aol.com) or Yvonne Sullivan at (703) 368-8621 or [yscully@comcast.net](mailto:yscully@comcast.net). To learn more about WAA or to pay for your sponsorship with a credit card, please visit <https://www.wreathscrossamerica.org/> and please remember to include our Sponsoring Group ID No. **VA0040P** and Cemetery ID No. **VAQNCT**. DEADLINE is November 30, 2020. Thank you in advance for your support.



The National Home for Children community is open to families of active-duty military personnel and veterans. The family can be one or both parents with one or more children. The Life Membership is \$50.00. If you wish to become a Life Member, please forward your application and funds to the National Home for Children at 3573 S. Waverly Rd, Eaton Rapids, MI 48827.

Please keep Ann Mitchell, Cindy McIntyre, Yvonne Sullivan’s husband, John, and Ellie Smith along with other individuals who are facing illness or are hospitalized in your thoughts and prayers.



Respectfully,  
Mary Corkhill  
Auxiliary President

## Youth Committee Update



**Lou Filippone**

The Youth Committee hopes everyone has remained safe and well during the summer months. This has been a relatively quiet month for us as we make preparations to begin the Fall essay contests and Teacher of the Year programs. Our last meeting was held on Thursday, 16 July at the Post. Those in attendance were Comrades Alex and Tina Bliem, Dave Mattingly and myself. Comrade Peter MacLeod participated by telephone.

On the topic of Scouting, we will finally be presenting the Post's Scout of the Year Awards to the top two winning Eagle Scouts at the next general membership meeting on Monday, 6 August. The ceremony will be held at the beginning of the meeting. Those being recognized are Eagle Scout Ryan Pappalardo, our first place winner, from Troop 2717 in Gainesville, Virginia and second place winner, Eagle Scout Benjamin Petsopoulos, from Troop 1372 in Manassas Park, Virginia. Troop 1372 is sponsored by VFW Post 7589 and is our very own Scout Troop. The third place winner, Eagle Scout Samuel Collins also from Troop 1372, has moved out of the area after graduating high school. Although he cannot attend the award ceremony he will receive his award and certificate by mail. Please come to the meeting early and participate in recognizing these outstanding young Americans.

Another upcoming Scouting event is our Flag Retirement Ceremony scheduled for 11 September at the Post at 6:00 PM. It is sponsored and conducted by Troop 1372 and is a well-produced event. Scouts from other Troops are also invited to attend as well as Post members and Auxiliary. Please keep the date open so you can attend and show your support for our Scouts. Unfortunately many of our scheduled Youth events this year had to be postponed or cancelled due to Covid-19. For example, we usually give out our Scout of the Year awards in April not August. All I can say is we are doing the best we can with the current challenging circumstances. All things come to an end and so too will Covid-19 enabling us to return to our normal schedules.

Speaking of challenges, what would you do if you were conducting essay contests for middle and high school students as well as a Teacher of the Year program and all the schools were closed until at least the end of the first quarter? The Youth Committee, out of necessity, is coming up with some very innovative ways to recruit students and teachers for 2020 and hopefully we will be quite successful. Unlike years past where we physically met with teachers and school administration officials announcing our contests and inviting participation, this year is different. Instead, we are relying more on social media and the internet attempting to enroll students and teachers. We just recently received our program applications for Patriot's

(See *Youth* on page 5)

## Legislative Update



**Monti Zimmerman**

The Joint Leadership Council (JLC) on Veteran Services had three legislative wins this year.  
(VFW is a participant on the JLC.)

1) Constitutional amendment to be on the ballot November 3rd; personal property tax exemption. Provides that one motor vehicle of a veteran who has a 100 percent service-connected, permanent, and total disability shall be exempt from state and local taxes. The amendment provides that only automobiles and pickup trucks qualify for the exemption. Additionally, the exemption is only applicable on the date the motor vehicle is acquired or the effective date of the amendment, whichever is later, and is not applicable for any period of time prior to the effective date. This exemption equalizes the process across the state. Currently some counties accept the exemption and others don't.

2) Virginia National Guard; state active duty for emergency response; pay and allowances for members. It provides that whenever called to state active duty in response to certain emergencies, members of the National Guard and the Virginia Defense Force receive pay and allowance equal to their rank and years of service, as determined by the Department of Military Affairs. The bill also authorizes the Adjutant General to increase state active duty pay on an annual basis by a rate not to exceed the most recent percentage increase in basic pay for members of the Armed Forces. Current law provides that (i) officers of the National Guard receive the same pay and allowances as prescribed for members of like rank in the United States Armed Forces, (ii) members of the National Guard receive the same pay and allowances as if they were on a day of Annual Training, and (iii) members of the Virginia Defense Force called to state active duty receive the same pay and allowances as persons of like grade in the National Guard for a day of Annual Training, capped at 25 years of service.

3) Absentee voting for deployed military overseas; deadline for returning absentee ballot. Provides that any absentee ballot that is returned to the general registrar after the closing of the polls on election day but before noon on the third day after the election and postmarked on or before the date of the election shall be counted if the voter is found entitled to vote. This bill contains technical amendments and is identical to HB 238.

[Ed] State Commander Eric Mallett has appointed Monti Zimmerman chair of the Legislative Committee for 2020-21.

(Youth from page 4)

Pen, Voice of Democracy and Teacher of the Year programs and would encourage you to help us distribute applications and assist with recruiting. The contest deadline is 31 October and the programs are a wonderful opportunity for students to compete and win scholarships, some totaling \$30,000, at the high school level. Again, this year’s essay themes are “What is patriotism to me?” for Patriot’s Pen and “Is this the country the Founders envisioned?” for Voice of Democracy. If you know of any student who you feel would be interested in entering just let us know and we will furnish you with information and applications. Even though the contests end 31 October the activity can last for several months into the New Year if the applicant wins at the District and Department level and advances to National competition. Remember, we also look to recognize our teachers as well through the Teacher of the Year Program. If you know of an outstanding elementary, middle or high school teacher who promotes civics, American history and patriotism please ask for an application and nominate them. The Youth Committee would gladly contact your nominee and take it from there. We must not forget we can only have great students if we have dedicated and exemplary teachers. They too must be recognized.

Our next Youth Committee meeting is scheduled for Thursday, 20 August at the Post at 7:00 PM. We would welcome your interest, attendance and support. What is more honorable and important than mentoring and inspiring today’s youth? If you want to know the consequences of inaction just watch the news and witness anarchy and the disintegration of American values and the rule of law everywhere around you. This is a call to action and the time is now! See you at the next meeting.

With best regards,  
Lou Filippone  
Youth Committee Chair

### Post Bingo resumes

The Post restarted Bingo on July 1 with the beginning of Phase 3 Conid-19 restrictions. Everyone wore masks and maintained social distancing. No one complained.

Although attendance has been light, with 30 or less attending, we still had successful sessions and made a small profit.

Hopefully as the pandemic subsides attendance will increase and we will get back to normal operation.



Players enjoy Bingo on July 15 as Warren Ewell calls numbers.

## State Line Officers 2020-21

State Commander	Eric Mallett	cdr@vfwva.org	Post 4809
Senior Vice Commander	Harold “Butch” Schupska	sviceddr@vfwva.org	Post 3160
Junior Vice Commander	Eddie Reasor	jrvicecdr@vfwva.org	Post 5715
Adjutant / Quartermaster	Ed Mann	adj@vfwva.org	Post 9808
Judge Advocate	Geoffrey Lyster	judge@vfwva.org	Post 9835
Surgeon	Gary Adams	surgeon@vfwva.org	Post 1115
Past Department Commander	Rick Raskin	rraskin@vfwva.org	Post 7589
Chief of Staff	James Evans	chiefofstaff@vfwva.org	Post 392
State Chaplain	Harold Sayles	chaplain@vfwva.org	Post 10654
State Inspector	Doug Hoffman	Inspector @vfwva.org	Post 3160

## Virginia's Hal Roesch becomes VFW Commander in Chief

### *VFW Action Corps Weekly—July 23, 2020*

**KANSAS CITY, Mo.** – Hal Roesch II, of Hampton, Virginia, was installed as the Veterans of Foreign Wars' 112th national commander on July 23 during a change of command ceremony at the VFW National Headquarters.



Roesch assumes command of the oldest combat veterans service organization boasting approximately 1.5 million members, including its Auxiliary.

"I stand before you, humbled, elated and ready to selflessly serve the 1.5 million members and its Auxiliary as we continue the tradition of serving America's veterans, service members and families worldwide," said Roesch.

Roesch is a 20-year U.S. Air Force retiree serving from 1982 to 2002. He earned his VFW eligibility during his combat service in Operations Desert Shield and Desert Storm and overseas service as part of Southern Watch. Roesch is a recipient of three Meritorious Service Medals, two Air Force Commendation Medals, two Air Force Achievement Medals, the Air Force Outstanding Unit Award with valor, the Armed Forces Expeditionary Medal, the Southwest Asia Service Medal with three campaign stars, and numerous other awards and decorations.

Roesch joined the VFW in 1991 at VFW Post 3034 in Sumter, South Carolina, and became a Post commander at VFW Post 4542 in Spring Lake, North Carolina. He now maintains his Gold Legacy Life membership at VFW Post 3219 in Phoebus, Virginia.

Roesch has served in elected and appointed positions at the Post, District and Department levels, culminating with his election as VFW Department of Virginia commander from 2008-2009. On the national level, he has served on the Council of Administration from 2010-2012 and as the inspector general from 2016-2017.

Roesch said the VFW is preparing to build a 20/20 Vision For Veterans and it begins with re-educating and reintroducing the organization to its communities and local and national leaders.

"We are the pillars of our communities," said Roesch. "We represent the strength of our nation. And we will lead the charge into 2021 and beyond in protecting the very benefits and entitlements that our service members, veterans and military families have earned through their sacrifice, commitment and selfless service in defense of freedom."

Roesch said the VFW is more vital and instrumental today than it's ever been because of the veterans serving at Posts around the globe.

"Our VFW remains the resilient force it has always been," said Roesch. "We are stronger today because of you. Together, our voices will continue to be a dominant force in our communities, on the Hill and within the halls of the White House."

He also reinforced the organization's commitment to inclusivity stating, "Our doors are open to ALL eligible veterans, and today I stand here before you and personally invite all eligible veterans to join our organization."

Roesch replaced William "Doc" Schmitz as national commander.

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## Hal Roesch Homecoming Postponed

We are celebrating as our own Hal Roesch becomes Virginia's first Commander-in-Chief and we know he will lead us very well through this year. However, we cannot escape the fact that COVID will be a defining factor for this new VFW year like it was for the last year.

To that end, we must announce that Hal's Homecoming is being postponed to a future date not yet determined. Several states are seeing surging statistics related to COVID and we cannot put people at risk. With several VFW events impacted, this notice is likely not a surprise to many.

More information will be released in the coming weeks concerning the homecoming. Those already registered will not need to take any action at this time. Should you desire a refund you will be given a full refund.

Please feel free to contact me here with any questions. Thanks and stay safe.

Ken Wiseman  
Commander-in-Chief's Homecoming Chair



## Commissioner's Corner

Every year on July 4<sup>th</sup>, we celebrate Independence Day to commemorate the day when the original thirteen American colonies declared their independence from Great Britain in 1776. The war against the British had begun a year earlier and would last until General Cornwallis surrendered to General George Washington five years later here in Virginia at Yorktown. Our Army, Navy and Marines all trace their origins to 1775 when colonists first answered the call to fight for freedom. As we reflect on the meaning of Independence Day, it's only fitting that we continue our commitment to freedom, and to the ideals of life, liberty, and the pursuit of happiness.

Today [July 13] I am pleased to share that the Virginia Department of Veterans Services (VDVS) has opened a majority of offices and facilities that were closed to the public due to the



COVID-19 pandemic. Throughout the opening process, we are focusing on the safety of veterans and their families, and our VDVS staff. This means special emphasis on cleaning and disinfecting, wearing face masks and gloves, social distancing, and other recommended measures. It also means that we may have to reduce the number of veterans we can see in the office on any given day; despite any delays, we are always committed to serving you any way we can – please continue to reach out to us. You can learn more about our re-

opening process at <https://www.dvs.virginia.gov/news-room/virginia-department-of-veterans-services-continues-phased-reopening>

I would be remiss if I didn't take a moment to recognize some of the innovative offerings we developed over the past few months. We planned and conducted virtual events such as Hire VETS Now job fairs and our 2020 Virginia Women Veterans Summit. Normally held on military installations, hundreds of transitioning service members and potential employers participated in two virtual Hire VETS Now events produced by our Virginia Transition Assistance Program (VTAP) team in partnership with the Virginia Chamber Foundation. The 2020 Virginia Women Veterans Virtual Summit was also an outstanding event with more than a thousand participating in this two-and-a-half day online conference. You can read more about the Summit below.

Before I close, I want to express my appreciation and a farewell to Mr. Frank Finelli who is retiring as Chair of the Virginia Veterans Services Foundation (VVSF) after eight years as a Trustee of this vital nonprofit organization. VVSF provides funds to supplement state and Federal support for Virginia's veterans and their families. A graduate of West Point and M.I.T. who retired from active duty as a Lieutenant Colonel, Frank has been a driving force in assuring VVSF was able to serve Virginia's veterans. He was never too busy to travel to Richmond or around the state to help raise funds to assist his fellow veterans. Thank you, Frank.

I also would like to welcome the new chair of the VVSF, Mr. John Lesinski. John served in the Marine Corps on active and reserve duty for twenty-six years, retiring as a Colonel. I know he will continue to lead the Foundation to even greater success. Welcome aboard, John.

These past few months at VDVS have been challenging and we continue to learn from those challenges. I am most proud that our team faced into the headwinds while continuing to serve Virginia's veterans, transitioning service members, military spouses and their families to the best of their abilities. All of us are honored that Virginia was named the #1 state for military veterans in the U.S. for the second year in a row and we plan to live up to this recognition.

Thank you for your interest in VDVS. Your comments, suggestions, and ideas are always welcome. Please don't ever hesitate to reach out to any of our staff or me. May the rest of this summer be a pleasant and happy one for you and your families. Please stay healthy!

John Maxwell, Commissioner  
Virginia Department of Veterans Services

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## Wittman sends letter to Coronavirus Task Force asking to keep COVID-19 data public

WASHINGTON – On Friday [July 17], Congressman Rob Wittman (VA-01) sent a letter to the White House Coronavirus Task Force requesting the continued public release of data relating to COVID-19 across the United States to better assist states, localities, researchers, and the general public in their understanding and combatting of the novel coronavirus.

**“I want to stress the importance of maintaining transparency of this data for a successful COVID response plan,”** Congressman Wittman wrote. **“America’s scientists, researchers, health officials, modelers, and federal, state, and local agencies rely on this data to make projections and decisions on how best to implement responses to the coronavirus pandemic.”**

**“Going forward,”** he continued, **“I would encourage the Department to work to protect and maintain the quality and transparency of data shared with the public. During this pandemic CDC’s data sharing has been critical in informing ongoing University research, federal partner agencies, states and the general public in the fight against COVID-19. I believe that this shared data will continue to be crucial to our Nation’s response.”**

Congressman Wittman serves as Co-chair of the Congressional Public Health Caucus and, prior to his election to Congress, spent over 25 years working in public health.

Congressman Wittman’s letter in full is reproduced below:

*Vice President Michael Pence, Chair, White House Coronavirus Task Force  
Dr. Deborah Birx, Response Coordinator, White House Coronavirus Task Force  
United States Health and Human Services Secretary Alex Azar  
Dear Vice President Pence and the White House Task Force:*

*I’m writing regarding the new direction by the Administration to have hospitals report data on coronavirus patients to the Department of Health and Human Services (HHS) instead of the Centers for Disease Control and Prevention (CDC). I want to stress the importance of maintaining transparency of this data for a successful COVID response plan. America’s scientists, researchers, health officials, modelers, and federal, state, and local agencies rely on this data to make projections and decisions on how best to implement responses to the coronavirus pandemic.*

*As a scientist who spent more than 25 years in public health service, I know the important role that sound science and data must play in informing and addressing public health emergencies. I appreciate your Department’s efforts to innovate and upgrade admittedly old and outdated data management and reporting systems to collect accurate and daily data to guide planning, monitoring and supply allocations. I am encouraged that you are moving to streamline hospital reporting and modernize data entry systems to better respond to this public health emergency. However, it is important that the Administration continues the practice of providing quality and transparent data to state and federal partners, along with the public, as your Department implements new COVID-19 hospital reporting data requirements. Our nation’s ongoing efforts to successfully combat this pandemic will continue to rely on the vital contribution of America’s scientists, researchers and innovators leading the world in defeating COVID-19.*

*\Going forward I would encourage the Department to work to protect and maintain the quality and transparency of data shared with the public. During this pandemic CDC’s data sharing has been critical in informing ongoing University research, federal partner agencies, states and the general public in the fight against COVID-19. I believe that this shared data will continue to be crucial to our Nation’s response. I would appreciate an update on the Department’s plans and efforts to ensure the availability of this information for researchers, scientists and the public. I also look forward to ongoing efforts to continue to enhance and improve data collection and accessibility to address this and future health emergencies.*

*I look forward to continuing to work with the Administration and the talented public health officials, and scientists across the country as together we defeat and overcome this crisis.*

*Sincerely,*

*Congressman Rob Wittman represents the 1st District of Virginia. He serves on the House Natural Resources Committee and the House Armed Services Committee, where he serves as the ranking member of the Seapower and Projection Forces Subcommittee.*



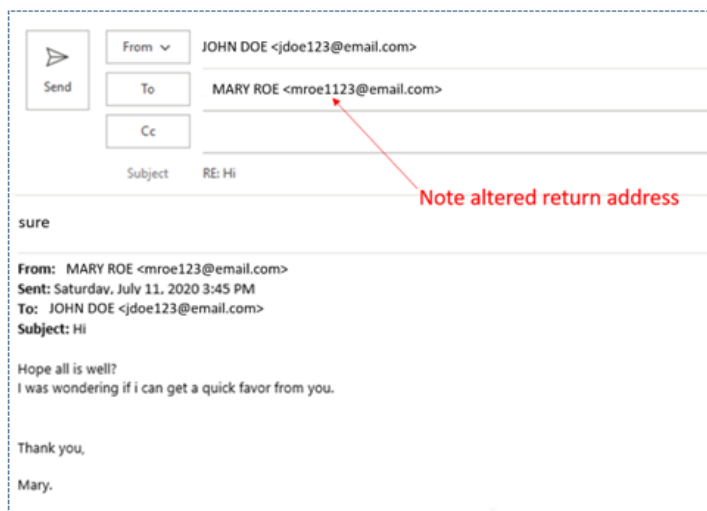
# Phishing scams targeted Post members

By Rick Raskin

Several recent attempts to defraud Post members have surfaced after fraudulent emails were sent, supposedly by Post members. Apparently several members had their address books compromised giving the criminals access to their email lists. The emails then arrived with valid email addresses where the sender asked for help with some issue. A response would not go to the member but to another email that closely resembled the member's address. The scammer then asked for assistance with obtaining a gift card or some other financial transaction.

Below is what one of these emails may look like. Note the return address is slightly different than the sender's.

Please be aware that these people are very resourceful in making their communication look legitimate but there are steps you can take to avoid being victimized.



- Do not respond to unsolicited email.
- Call the sender to see if it is valid.
- If you choose to respond, examine the "To" address in a response to be sure it exactly matches the valid sender.
- Never click a link in an unsolicited email.

## Four Steps to Protect Yourself From Phishing

1. Protect your computer by using security software. Set the software to update automatically so it can deal with any new security threats.
2. Protect your mobile phone by setting software to update automatically. These updates could give you critical protection against security threats.
3. Protect your accounts by using multi-factor authentication.

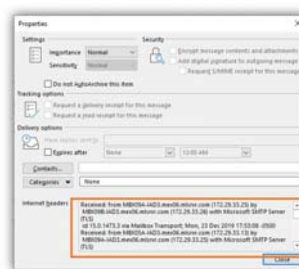
Some accounts offer extra security by requiring two or more credentials to log in to your account. This is called multi-factor authentication. The additional credentials you need to log in to your account fall into two categories:

Something you have — like a passcode you get via text message or an authentication app.

Something you are — like a scan of your fingerprint, your retina, or your face.

Multi-factor authentication makes it harder for scammers to log in to your accounts if they do get your username and password.

4. Protect your data by backing it up. Back up your data and make sure those backups aren't connected to your home network. You can copy your computer files to an external hard drive or cloud storage. Back up the data on your phone, too.



## How to View Your Email Properties Information.

Once that window is open, you can view the message header details in the Internet headers field at the bottom of the window.

## Step One: Add a New Command Quick Access Toolbar (QAT).

At the top of your Outlook window, you'll likely notice a few lonesome icons in the blue application bar above the main tabs. It may include icons for functions like "undo," "redo," and "save." To the right, you'll notice an arrow pointing down with a dash above it labeled **Customize Quick Action Toolbar** when you mouse over it. Select that and drop-down to click **More Commands**.

## Step Two: Navigate to the All Commands Window.

In the new Outlook Options window that pops up, select **All Commands** from the drop-down menu labeled "Choose commands from."

## Step Three: Select Message Options from the List.

In the long column below that menu, you'll find a long list of commands. Scroll down and select **Message Options**. Click **Add** in the center between the two list columns and select the **Okay** button.

## Step Four: Select the Email and Press the Message Options button.

In your inbox, select the email that you wish to view the email header information for and then press the Message Options button in the QAT at the top of your Outlook window.

\* Scroll down to "**Reply to**" and verify the reply is actually going to the legitimate sender. [Ed]

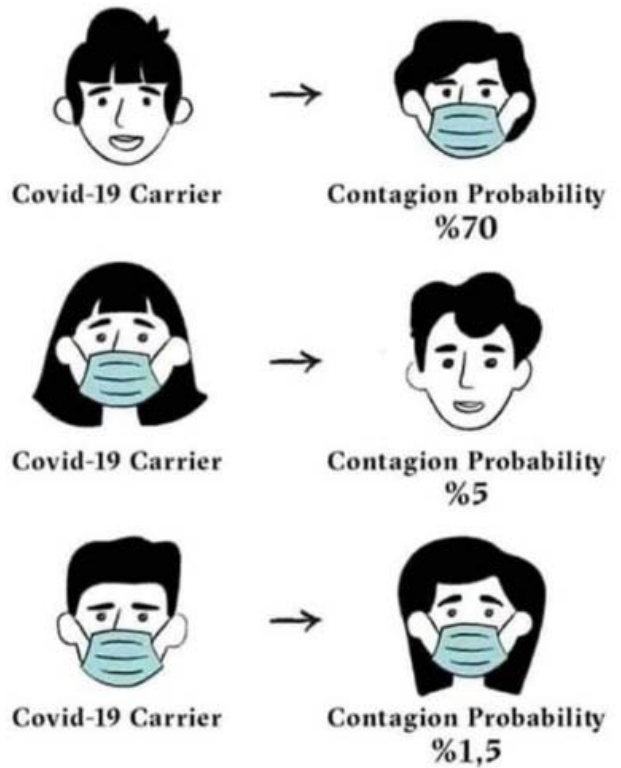
Not much to it, right? Yes, it's really that simple.

**Note: You can only view the email header information for emails you receive, not the ones you send.**

<https://securityboulevard.com/2020/01/email-spoofing-101-how-to-avoid-becoming-a-victim/>

### 2020-21 Post Officers

Commander	Wayne Moore
Senior Vice Commander	Lou Filippone
Junior Vice Commander	Bobby Knight
Quartermaster	Rick Raskin
Chaplain	Ron Knowles
1 Year Trustee	Pete MacLeod
2 Year Trustee	Tina Bliem
3 Year Trustee	Dave Mattingly
Adjutant	Ron Link
Service Officer	Ron Link
Judge Advocate	Bobby Knight
Surgeon	Alex Bliem



# WEAR IT

...wear mask...save lives...

Annual members...  
 Upgrade to Life membership and receive a \$50 gift certificate for the VFW store.  
 This offer also applies to those signing up as life members or Installment Life when they complete their membership agreement.

Virginia Department of Veterans Services Manassas Office  
 9300 W. Courthouse Rd.  
 Suite 305  
 703-479-7437

**The VFW National Home for Children**



The VFW National Home for Children offers a once in a lifetime **opportunity** for military and veteran related families.

If you know of a family in your community that could use our help, please encourage them to call!

We are currently accepting new resident families into our program.

Most qualify to apply. Caring staff will help families to determine eligibility.

**A Great Place to Call Home!**

**800-313-4200**

## Upcoming Events

Events may be postponed or cancelled due to coronavirus restrictions.  
Check your email for change notifications.

August 3	Executive Meeting – 7:00 PM, Post Meeting — 7:30 PM
August 10	Auxiliary Meeting — 7:00 PM
August 20	Youth Committee Meeting — 7:00 PM
August 24	Americanism Committee Meeting — 7:00 PM
Postponed —TBD	National Commander-in-Chief Hal Roesch’s Homecoming, Portsmouth, Virginia
September 11	Flag Retirement Ceremony — 6:00 PM
September 14	Executive Meeting – 7:00 PM, Post Meeting — 7:30 PM
September 17	Youth Committee Meeting — 7:00 PM
September 19	District 8 School of Instruction — 9:00 AM & Meeting to follow — Post 2524, Culpeper
September 21	Auxiliary Meeting — 7:00 PM
September 26	Council of Administration meeting, Staunton
October 3	Manassas Fall Jubilee (TBD)
October 5	Executive Meeting – 7:00 PM, Post Meeting — 7:30 PM
October 12	Auxiliary Meeting — 7:00 PM
October 15	Youth Committee Meeting — 7:00 PM
Oct. 29— Nov. 1	Southern Conference, Asheville, North Carolina

KNOW YOUR VIRGINIA REPRESENTATIVE

Rob Wittman	1st District	202-225-4261
Elaine Luria	2nd District	202-225-4215
Bobby Scott	3rd District	202-225-8351
Donald McEachin	4th District	202-225-6365
Denver Riggleman	5th District	202-225-4711
Ben Cline	6th District	202-225-9681
Abigail Spanberger	7th District	202-225-2815
Don Beyer	8th District	202-225-4376
Morgan Griffith	9th District	202-225-3861
Jennifer Wexton	10th District	202-225-5136
Gerry Connolly	11th District	202-225-1492



# CANNON NEWS

The official publication of Veterans of Foreign Wars of the U.S.  
Francis Cannon Post No. 7589  
P.O. Box 10206  
Manassas, VA 20108-0668

Cannon News is emailed to Post and Auxiliary members with email addresses on file.  
[\[Click Here\]](#) To be added to our email distribution.

Cannon News is also available on our website [www.vfw7589.org](http://www.vfw7589.org)

Editor: Rick Raskin  
Copy Editor: Janet Raskin

Please email articles to [quartermaster@vfw7589.org](mailto:quartermaster@vfw7589.org) no later than the 28th of the month.  
We reserve the right to edit submitted articles for timeliness, clarity and syntax.

## WreathsAcrossAmerica.org



### **SPONSOR A WREATH FOR A VETERAN'S GRAVE**

Since 2007, Wreaths Across America carries out its mission **REMEMBER** the fallen, **HONOR** those that serve and **TEACH** our children the value of **FREEDOM** in part by placing wreaths on veterans graves during the holiday season.

The **Francis Cannon Auxiliary to VFW Post 7589** is working with Wreaths Across America to help place more wreaths than ever before on Veterans' graves at **Quantico National Cemetery**. **Deadline Date is November 30, 2020.**

Each December on National Wreaths Across America Day, the mission to Remember, Honor and Teach is carried out by coordinating wreath-laying ceremonies at Arlington National Cemetery as well as at more than 1,600 additional locations in all 50 U.S. states, at sea and abroad

**Sponsorships are \$15 each.** We are participating because we think it is a great program and \$5 of every sponsorship will support the Francis Cannon Auxiliary to VFW Post 7589 directly so we may continue to assist veterans and families as well as our community.

**PLEASE JOIN US** -- All wreaths will be placed by volunteers on **Saturday, December 19, 2020 at 12 Noon at Quantico National Cemetery.** (Advance notice: the time is subject to change.) This is a moving experience that you should make part of your holiday tradition. With your help our local heroes will be remembered this Holiday Season. **How many sponsorships can we count on you for?**

For more information visit [www.WreathsAcrossAmerica.org](http://www.WreathsAcrossAmerica.org), or call 877-385-9504.



WREATHS *across* AMERICA

Tax ID: 20-8362270

**Wreath Sponsorship Form**

Sponsored wreaths are placed on the grave markers at state, and national cemeteries as well as local cemeteries each December. Wreaths may be purchased online at [www.WreathsAcrossAmerica.org](http://www.WreathsAcrossAmerica.org)

If you wish to make your sponsorship with a credit card please visit our website for a secure online transaction.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please make checks payable to:  
**Wreaths Across America TM**  
 PO Box 249  
 Columbia Falls, ME 04623  
 Question? Please Call 877-385-9504  
 Thank you for your sponsorship and joining us in our mission to **Remember, Honor** and **Teach**

Sponsorship	Price	Quantity	Total
Individual = 1 Wreath	\$15.00		
Mailed "In Honor Card" = If you wish to send a mailed honor card telling someone of your sponsorship, see "In Honor" section below. Card will not be mailed if the \$2 fee is not included.	\$2.00		
Family = 4 Wreaths	\$60.00		
Small Business = 10 Wreaths	\$150.00		
Corporate = 100 Wreaths	\$1500.00		
		<b>Grand Total</b>	

Please note that all sponsorships are sent directly to the location and **NO** wreaths are sent to the individuals purchasing sponsorships.

In Honor of:

\_\_\_\_\_

Please provide email or "in Honor of" recipient mailing address so a card can be sent notifying them of your sponsorship in their honor. If you have a specific message, please write it on the back of this sheet.

\_\_\_\_\_

Email or Mailing address

In Memory of:

\_\_\_\_\_

This name will be listed on our online memory wall. Please provide name, rank, branch of service and state resided.

Branch of Service \_\_\_\_\_ Rank \_\_\_\_\_

State: \_\_\_\_\_

**\*GRAVE SPECIFIC REQUESTS ARE NOT ACCEPTED ON THIS FORM\***

Location ID: **VAQNCT** Fundraising Group ID: **VA0040P**

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**FOR OFFICE USE ONLY:**

Cash: \_\_\_\_\_ Total \$ \_\_\_\_\_ Date: \_\_\_\_\_

Total # Checks: \_\_\_\_\_ Reconciled: \_\_\_\_\_

MO \$: \_\_\_\_\_

Entered: \_\_\_\_\_

GEN: \_\_\_\_\_