

# CANNON NEWS

Francis Cannon VFW Post 7589  
Manassas, Virginia  
July 2023

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MARY CORKHILL / AUXILIARY 7589

PSC Rick Raskin accepts a trophy for Post 7589 having submitted the Department Voice of Democracy winner. (L) State Commander Geoff Lyster, (R) Adjutant General Dan West.

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**CANNON NEWS**—2015, 2018, 2020 & 2021 National VFW Publications Award Winner  
2013, 2014, 2015 and 2017 Clair B. Poff Public Relations Award for  
Most Outstanding Post Publication/Newsletter, VFW Department of Virginia

## Commander's Message



**Wayne Moore**

### Honoring July 4<sup>th</sup> with a Purpose

Celebrating our nation's 247<sup>th</sup> year of Independence! Obtaining this freedom required men's and women's commitment and willingness to sacrifice for the desired state. The idea and belief of a free people and nation is a core value of our pursuit; so much so that we "all too often make the ultimate sacrifice." The United States and its allies rallied in support of countries attempting self-governance and

freedom.

Throughout the 247 years of struggle and slow progress, a subversive "Quinta Columna" (fifth column) lay ready to undermine or dismantle our democratic process. As we have crossed the Rubicon and open advocacy for fascism, authoritarianism or even communist ideologies has become routine in our sphere of daily conversation on all levels and platforms. This is to the extent that many appeared extremely comfortable electing representatives into critical government jobs that could/would undermine the freedom we are about to celebrate.

Listening to today's politics, and the disingenuous rhetoric and banter, I find it difficult not to ponder how long will this celebration continue or in what form. No, it is not all doom and gloom. Good people are giving their best fight. However, there is no shortage of self-enriching hawks and protagonists appealing to our weaknesses or lack of objectivity. Without adherence to the Constitution, there is no democracy; without democracy, there would be no freedom.

I once read a saying "Freedom is a Light for which many men died in Darkness." To that I say a nation of uneducated people will not sustain a strong country, an uninformed country cannot lead the world, and a strong country awaits the opportunity to prey upon the weakness and division of its opposition. We may be too big to consume but, "There are two ways to conquer and enslave a country; one is by the sword, the other is by debt" (John Adams). Most men seek riches, but the virtue-less man brings eventual ruin.

As we celebrate the cause, I ask that we remember Rudyard Kipling's "6 Ws", who, what, when where, why, and how (always a head-scratcher) or ponder Frost's "The Road Not Taken." The Legacy of those who fought for freedom and all that it entails, demands that those who followed serve with the same purpose. Thus, with a clarion call answering "Liberty or Death" knowing our children and grandchildren would enjoy the rights/ benefits fought for and promised to every citizen of this nation.

Wishing all a celebrated July 4<sup>th</sup> and more to come!

**HERE FOR YOU, DO NOT HESITATE TO REACH OUT!**

## Auxiliary President



**Mary Corkhill**

**Why do we celebrate the fourth of July?** July fourth is a historic moment in the United States, as it is the day the Declaration of Independence was adopted in 1776. It is considered the birthday of the USA and is also known as Independence Day.

Now that the VFW Auxiliary's 2022-2023 year has ended, I would like to thank everyone for their contributions and participation for a very successful year.

At the Department Convention, the Auxiliary was honored to place second in the Veteran and Family Support program, received an award in Legislative for most reports, Youth Activities for promoting the "Red, White & Blue" singing competition and Ms. Carrie Chiara for placing third in the Patriotic Art Contest. What a wonderful surprise to be informed that Ms. Sarah DeGiacomo's Illustrating America for Grades 3-5 category, and Jack Miller's singing competition entries were forwarded to National for judging. We wish them well.

Ms. Cookie Cullen and I wish to thank Ms. Perez and the Nokesville School first grade team for the honor of visiting their 112 students on June 14<sup>th</sup>, Flag Day. We were pleasantly surprised with the response to the questions portion of our presentation.

The Department of Virginia's new President, Vicki Butler, was elected and sworn into office during the June Convention. President Vicki will be traveling the state during the coming months to meet and greet the members of the Department. We wish her a very successful year.

The National Convention is in Phoenix, AZ from July 22-27, 2023. The incoming National President, Carla Martinez from Utah, will hold her Homecoming Celebration on July 28<sup>th</sup> following the convention. Another event will be the 11<sup>th</sup> Celebrating America's Freedom Event (CAFÉ) on September 18, 2023 at the Golden Spike National Memorial Park in Promontory, Utah.

The 8th District meeting will be August 5<sup>th</sup> at Post 3103, Fredericksburg, VA. The joint meeting will start at 10:00 AM with the Auxiliary meeting after the joint session. The VFW Post 637 Auxiliary in Hopewell, VA will host the Department Auxiliary School of Instruction on August 19, at 10:00 AM.

All the Post and Auxiliary contest competitions are being promoted for the coming 2023-2024 year. Just a reminder that October 31, 2023 is the deadline for the Voice of Democracy ("*What Are the Greatest Attributes of Our Democracy?*"), Patriot's Pen ("*How Are You Inspired by America?*") and Teacher of the Year. If you need more information, PLEASE contact any VFW or Auxiliary member.

*(See Auxiliary on page 3)*

# How to Report Online

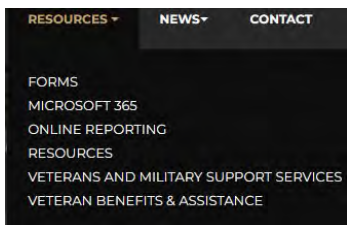
There are five categories of required reports:

- Americanism
- Community Service
- Safety
- Youth Activities
- Hospital

A Post must submit the above reports at least once during the first half of the year (May 1 - October 31) and once during the second half (November 1—April 30).

**Anyone can submit a report and here’s how to do it online:**

Go to [www.vfwva.org](http://www.vfwva.org) and click on [Resources](#). Then click [Online Reporting](#) from the dropdown menu.



For Post 7589, the login information is:

Username: 7589  
Password: post7589

Then click on: [Click here](#) to view/add reports

Welcome to Program Reporting

Post Number:

Password:

Login to Online Reporting

Click Submit Reports



Submit Report

Americanism

Community Service

Safety

Youth Activities

Hospital

Select the report type and click continue

You will be taken to a screen from where you enter pertinent information.

Note: Cost is mileage @ 14¢ per mile (round trip) plus any expense you encounter.

Hours are computed from the time you left home to when you returned.

When you are finished click SUBMIT and you are done.

That’s all there is to it.

*(Auxiliary Continued from page 2)*

From the VFW National Home website: “The National Home’s community is open to the families of actively serving military personnel, veterans, and relatives of VFW and VFW Auxiliary members. The family can be one or both parents with one or more children.” PLEASE purchase a life membership for \$50 or a personalized tribute brick. The email for both is: <https://vfwnationalhome.org/you-can-help/membership/>. Thank you for your support.

Please pray for all members and their family who are ill, hospitalized or have gone to their heavenly home.

Respectfully,

Mary Corkhill

Auxiliary President



Mary Corkhill presented Carrie Chiara her 3<sup>rd</sup> place Patriotic Arts award from the Department



## Youth Committee Update



Lou Filippone

As always, the Youth Committee hopes all is well. We held our last meeting on 15 June 2023. Those in attendance were Comrades Alex and Tina Bliem, Auxiliary President Mary Corkhill and myself. Since this is probably the quietest time of the year for the Youth Committee there isn't a tremendous amount of news to report. We held our usual discussion about the upcoming youth contests, Patriot's Pen, Voice of Democracy and Teacher of the Year. As you recall we

recently assigned schools to committee members and are currently contacting them and recruiting applicants for our programs. What I've learned from past experience is that you don't want to reach out to the schools too early and run the risk of being forgotten by the next school year, nor do you want to wait too long and not give students and teachers enough time to complete their applications for the 31 October deadline. It's a balancing act that we are familiar with and every year we do it we make changes and constantly refine the process. We are off to a great start and right where we should be for this time of year with student and teacher recruiting. I always make this request: if any of our members know of students or teachers eligible for our programs, please forward their names to us. We will be sure to contact them and get an application in their hands so they can participate in the contests. Remember, both Patriot's Pen and Voice of Democracy are scholarship programs with the top prizes at \$5,000 for Patriot's Pen and \$35,000 for Voice of Democracy.

I know Alex and Tina have several upcoming activities to report for Scouting since this is the season for jamborees and camping trips. Alex will give you his Scouting report and provide all the latest details. We are very grateful again, to Alex and Tina, for all their help in restoring the Post sign. They have been methodically

and painstakingly hardening and replacing the damaged wood, as well as painting the sign and replacing the large VFW decals. This will buy us some time until the sign is replaced in the coming years. It originally was supposed to be an Eagle Scout project but when our Scout dropped out, Alex and Tina stepped up to manage the task. Again, the Post and Auxiliary members owe them both a debt of gratitude. Another upcoming maintenance issue is the storage shed at the Post. It is in need of painting. This task has been discussed and may be a future community service project for our Scouts. I know Commander Moore is interested in accomplishing this and we will report with more information once the details are finalized.

Both the Youth Committee and Scouting budgets were discussed, and recommendations were made to the Post leadership regarding proposed changes. The budget is subject to discussion at the meeting prior to accepting it. At that time our committee recommendations will be presented. While the Scouting budget will receive an increase, the Youth Budget will remain relatively unchanged, thanks in part to the generosity of our late Comrade Paul Chase. As you recall earlier, in the year, Paul made a couple of generous donations to the Post Youth Committee and set up the Paul Chase Youth Fund. He passed shortly thereafter. It was his wish that the fund he established be used to support youth and Scout activities. For that we are eternally grateful and thank him always for his generosity.

As I said previously not much to report during this quiet month. The inactivity allows us to recharge and prepare for the onslaught

that awaits us in the fall. Our next Youth Committee meeting is scheduled for Thursday, 20 July at the Post at 7:00PM. Please attend the meeting and participate in our committee. Working with both Veterans and Youth through the VFW are the most rewarding and gratifying activities you will ever undertake. Stay well and have a great 4th of July holiday.

With best regards,  
Lou Filippone  
Youth Committee  
Chair



RICK RASKIN / POST 7589

The Post sign just needs the application of decals and replacement of the two posts to complete the restoration project.



# Scouting Report



**Alex & Tina Bliem**  
Post 7589 Scouting  
Representatives

Memorial Day did not make it into the scouting portion of the newsletter last month because I had already submitted the scouting portion. We had another very successful Memorial Day ceremony with our scouts. The scouts placed the wreath at the Veterans Memorial then placed a wreath at Francis Cannon's grave site. They then placed flags at every veterans grave site at the Manassas Cemetery. We had a total of 16 scouts, 11 adult leaders, and 9 VFW and Auxiliary members.

Thank you Chaplain Knowles for leading the prayers and to Pete MacLeod and Tina Bliem for the Memorial Day speeches for the scouts.

Our troops also went on a camping trip this month. They camped at a remote site in Williamsburg and during the day they went to a place called Go Ape which is an aerial obstacle type course with zip-lines. They had a blast while also working on their camping/cooking/cleaning skills.

Most of our scouts are preparing to leave shortly for various summer camps, National and World Jamborees. Many of our older scouts are also working at various summer camps as counselors this summer.

Our venturing crew has secured two spots to go to Sea Base in June 2024. Each spot(Crew) will have a mix of 8 scouts/adults for 16 total. This is a very expensive BSA High Adventure Base and they have started planning multiple fundraisers already to help offset the cost. At Sea Base they will be on the Out Island Adventure living on a primitive island (no facilities), using Polynesian war canoes, fishing, snorkeling, etc. for a week. Our Crew is completely scout lead so this will be a great learning/planning experience for them.

The scouts also performed a community service project by cleaning up the road that they adopted. Signal View Rd. runs along Signal Hill Park and they go out every few months and clean up all the trash for the entire length of the road.

Be safe,

Alex & Tina Bliem  
VFW Post 7589  
Pack, Troops, Crew 1372



SUBMITTED PHOTOS



# Flag Day, Nokesville School, June 14, 2023

By Mary Corkhill

On Flag Day, Auxiliary 7589 Chaplain Cookie Cullen and President Mary Corkhill attended four (4) first grade classes at Nokesville School for a presentation on flag etiquette.

We distributed the following:

- 120 Flags
- 120 Bookmarkers of the Pledge of Allegiance and the National Anthem
- 120 R.A.P. Cards (Random Act of Patriotism)
- 120 information sheets on Flag Education for Kids



MARY CORKHILL / AUXILIARY 7589



MARY CORKHILL / AUXILIARY 7589

**UNWAVERING SUPPORT**

## Flag Education for Kids!

**This is to help you know how to take good care of the Flag of the United States of America!**

**Displaying the Flag:**

- On Same Staff: U.S. flag at very top, above any other flag.
- Grouped with other flags: U.S. flag goes to its own right. Flags of other nations are flown at same height.
- Marching with other flags: U.S. flag to marcher's right (observer's left).
- Decoration: Never use the flag for decoration. Use bunting with the blue on top, then white, then red.

**Half Staff** (Halfway up the flag pole):

- On special days, the flag may be flown at half-staff.
- On Memorial Day it is flown at half-staff until Noon and then raised.

**Saluting the U.S. Flag:**

- Everyone in uniform should use the military salute.
- Members of the armed forces and veterans who are present, but not in uniform, may use the military salute.
- **Everyone else should face the flag and stand at attention with their right hand over the heart.**
- If you are wearing anything on your head, take it off with your right hand and hold it at the left shoulder, the hand being over the heart.

**Don't do this!!!**

- Do not let the flag touch the ground.
- Do not fly flag upside down unless there is an emergency.
- Do not carry the flag flat, or carry things in it.
- Do not use the flag as clothing.
- Do not store the flag where it can get dirty.
- Do not use it as a cover.
- Do not fasten it or tie it back. Always allow it to fall free.
- Do not draw on or otherwise mark the flag.

**Flag Disposal:**  
*This should only be done with adult supervision!*

- The flag should be folded in its customary manner.
- It is important that the fire be fairly large and of sufficient intensity to ensure complete burning of the flag.
- Place the flag on the fire.
- The individual(s) can come to attention, salute the flag, recite the Pledge of Allegiance and have a brief period of silent reflection.
- After the flag is completely consumed, the fire should then be safely extinguished and the ashes buried.
- Please make sure you are conforming to local/state fire codes or ordinances.

[www.vfwauxiliary.org](http://www.vfwauxiliary.org)

VFW Post/Auxiliary Contact \_\_\_\_\_

*Before the Pledge of Allegiance is said,*

- Remove your hat
- Face the Flag
- Place your right hand over your heart

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**THE PLEDGE OF ALLEGIANCE**

**I pledge allegiance to the Flag of the United States of America, And to the Republic for which it stands, One nation under God, Indivisible, With Liberty and Justice For all.**

*- Francis Bellamy*

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*Before the National Anthem is played and/or sang, please*

- Remove your hat
- Face the Flag
- Place your right hand over your heart

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**THE NATIONAL ANTHEM**

O say, can you see  
By the dawn's early light,  
What so proudly we hail'd  
At the twilight's last gleaming?  
Whose broad stripes  
And bright stars,  
Through the perilous fight,  
O'er the ramparts we watch'd,  
Were so gallantly streaming!

And the rocket's red glare,  
The bombs bursting in air,  
Gave proof through the night  
That our Flag was still there.

O say, does that  
Star-spangled banner yet wave  
O'er the land of the free and the  
Home of the brave?

*- Francis Scott Key*

## VFW Names Virginia Post Winner of 2023 Community Service Award

*Chesapeake Post 2894 made major repairs and renovations to local veteran's home*


**KANSAS CITY, Mo. (June 21, 2023)** – The Veterans of Foreign Wars (VFW) is proud to announce SSG Jonathan Dozier Memorial Post 2894 in Chesapeake, Virginia, has been selected to receive the 2023 VFW Fred C. Hall Memorial Outstanding Post Special Project Award, a prestigious award that recognizes VFW Posts for notable and exceptional community service projects.


In early 2020, U.S. Navy Petty Officer Victoria Bullard and her husband, Christopher Edmonds, who was also on active-duty service in the Navy, purchased a home with the seller agreeing to make necessary repairs prior to the couple's return from their respective overseas tours. Victoria was dismayed when she returned from deployment to discover the seller had not completed any of the work, leaving her family with a home nearly uninhabitable. With Christopher still deployed, Victoria faced the sole

responsibility of moving into a home that needed major repairs, and she didn't know where to turn.

When members of VFW Post 2894 heard Victoria's story, they stepped in without hesitation. From repairing a large hole in the kitchen floor and replacing flooring throughout the home, to renovating the kitchen and repairing the backyard deck, together with the community and local groups like The Home Depot, I Sell 757 and Habitat for Humanity, Post members didn't stop working until the Bullard's house became a safe home.

VFW National Commander Tim Borland will present VFW Post 2894 Commander Jose Vasquez with the 2023 VFW Fred C. Hall Memorial Outstanding Post Special Project Award on Wednesday, July 26, during the 124th VFW National Convention in Phoenix, Arizona.



 **FEDERAL TRADE COMMISSION**

**Don't click on links or respond to unexpected texts. Ever.**

Learn more:

[ftc.gov/TextScams](https://ftc.gov/TextScams)

If you get tons of scam text messages, you're not alone. Lots of people have been reporting to the FTC that they're getting texts from scammers impersonating people and organizations you know and trust — like your bank or companies like Amazon. An [analysis of consumer reports](#) reveals the top text scams from 2022. So, what are they? And how do you avoid them?

The latest FTC Data Spotlight explores how text scams try to get you to act NOW. Whether it's the thrill of getting a free item or the panic about a large unauthorized charge, scammers know that these texts are hard to ignore. The most-reported text

scam *looks* like a fraud alert from your bank, but it's fake. It might say there's suspicious activity on your account and tell you to call a number. Or to reply "yes or no" to confirm a big purchase (that you didn't really make). But don't do it. There is no real problem. They just want your money or personal information.

Another common text scam promises a "[free gift](#)" — if you click a link. But then they ask you for payment information to cover the "shipping cost." If you give it, you'll get unauthorized charges on your account...and no free gift.

So how do you avoid these and other text scams?

- **Don't click on links or respond to unexpected texts.** If you think a text might be legit, contact the company using a phone number or website you know is real. Don't use the information in the text message.
- **Report text scams.** Forward them to 7726 (SPAM). This helps your wireless provider spot and block similar messages.

• And if you spot a text scam, the FTC wants to hear about it. Tell us what happened at [ReportFraud.ftc.gov](https://ReportFraud.ftc.gov).





## Commissioner's Corner

First this month, I want to say Happy 75th Anniversary to all women veterans and those serving on active duty and in the Guard and Reserves. On June 12, 1948, President Harry Truman signed the Women's Armed Services Integration Act officially recognizing women as full members in all branches of our Armed Forces.

It's difficult to comprehend that until that day women were not officially part of our defense forces. Today, women comprise over 16% of active service members. I salute them all.

Here in Virginia, we are proudly home to more than 107,000 women veterans and thousands more serving on active duty. And here in the Commonwealth, we highly value their contributions. At the Virginia Department of Veterans Services (DVS), many of our women team members are veterans or military spouses.

Our agency leads the way in developing and providing women veterans with programs and services specifically geared to ensure their unique challenges are met and that they have the opportunities they deserve when they transition to civilian life. Check out our Women Veterans Program by clicking [here](#).

Second, on a more somber note, suicides and opioid addictions continue to plague too many of our veterans here in Virginia and across America. On average, 17 veterans take their own lives each day. But there is hope... and we are working hard to reach veterans with the "RIGHT HELP, RIGHT NOW" and end this epidemic.

Over the past year, we created an office dedicated to Suicide Prevention and Opioid Addiction Services (SOS) as part of the Virginia Veteran and Family Support (VVFS) program. Headed by Angela Porter, Ph.D., this program has brought and is bringing additional staff members on board to teach all DVS team members who have contact with veterans and their family members how to identify those with behavioral health challenges and how to find them the assistance they need.

In February, we announced that DVS would award \$3.5 million in grants to qualified community and veteran-service organizations offering suicide and opioid prevention programs throughout the Commonwealth. These grant funds will be used by these organizations to promote the use of evidence-based practices such as peer support, crisis intervention, behavioral health focused prevention, intervention and postvention, treatment and recovery support for service members, veterans and their family members in conjunction with our SOS program team.

I am pleased to report that 24 organizations statewide have applied for and have been awarded grants with additional applications pending review. Working together, I am confident that our SOS team, Veterans Service Organizations, and community partners will make a real impact in reducing suicides and opioid addiction over the next year and beyond. To speak to a SOS representative in your area and learn more, click [here](#) to find your local contact.

As I can't say too often, our mission at DVS is to serve those of you that served and make sure that Virginia is the # 1 state for veterans to live, work, and thrive. We always welcome your ideas, suggestions, and comments as to how we can serve you and your families better. Please contact your local DVS team member or me at [Daniel.Gade@dvs.virginia.gov](mailto:Daniel.Gade@dvs.virginia.gov).

Have a safe and pleasant summer.

A handwritten signature in black ink, appearing to read 'Dan. Gade'.

Daniel Gade, PhD, Commissioner  
Virginia Department of Veterans Services



# State Convention June 1-4 in Portsmouth



DOC CROUCH / POST 3150

Past state commanders and presidents at the joint opening session



DOC CROUCH / POST 3150

Newly elected State Commander Gary Adams



DOC CROUCH / POST 3150

State Adjutant/ Quartermaster Ed Mann, Adjutant General Dan West and outgoing State Commander Geoff Lyster



Past state commanders Tom Gimble and Rick Raskin

DOC CROUCH / POST 3150



DOC CROUCH / POST 3150

Now a Past State Commander, Geoff Lyster pins new State Commander Gary Adams



FACEBOOK

Senator Bryce Reeves, Delegate David Reid, Delegate Paul Krizek and House Minority Leader Delegate Don Scott present Commander Gary Adams and Past Commander Geoff Lyster a Joint Resolution from the Virginia General Assembly at the Centennial celebration Saturday June 3 at the State Convention. Centennial Chairman Past Commander in Chief Hal Roesch, who organized our centennial events, looks on





National Conductress Donna Mills, Department President Fred Jennings, Mary Corkhill and Outstanding Auxiliary Chairman Patty Basket



National Conductress Donna Mills, Department President Fred Jennings, Mary Corkhill and Legislative Chairman Dawn Kuhn



National Conductress Donna Mills, Department President Fred Jennings, Mary Corkhill and Scholarships Chairman Beverly Abbott



National Conductress Donna Mills, Department President Fred Jennings, Mary Corkhill and Youth Activities Chairman Dinah Devins Doyle



2023 All-State Quartermasters



## CENTENNIAL CELEBRATION

The VFW Department of Virginia is turning 100 this year and we are celebrating across the state with our members. Come join us at one or all of these locations. We will have food, fun, music, and giveaways. So, RSVP Online at one, or all of these locations. Just click on any of the links you want to attend, to RSVP. We hope to see you there. These events are free to our members. It is you the membership who have made this Department the great organization that it is and it is you the membership we celebrate.

August 26, 2023, Post 8163, Clarksville

[https://VFW\\_VA\\_100\\_Clarksville.eventbrite.com](https://VFW_VA_100_Clarksville.eventbrite.com)

September 16, 2023, Post 1264, Roanoke

[https://VFW\\_VA\\_100\\_Roanoke.eventbrite.com](https://VFW_VA_100_Roanoke.eventbrite.com)

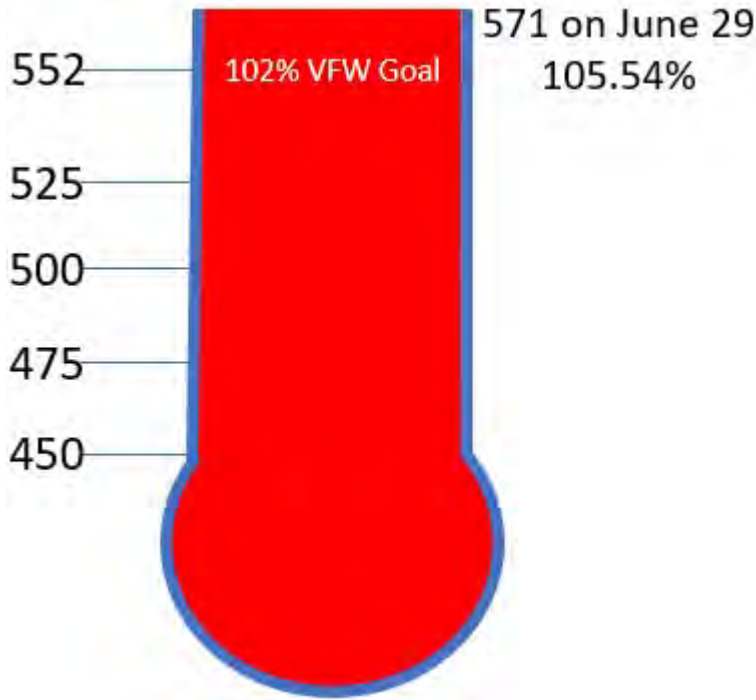
September 23, 2023, Post 4667, Marion

[https://VFW\\_VA\\_100\\_Marion.eventbrite.com](https://VFW_VA_100_Marion.eventbrite.com)



RON RIFFLE / POST 4809

June 3 Centennial celebration and banquet at the Department Convention in Portsmouth.



**Congratulations to our comrades who recruited new members in the 2022-23 membership year.**

<b>Monti Zimmerman</b>	<b>25</b>
<b>Richard A. Raskin</b>	<b>17</b>
<b>Wayne F. Moore</b>	<b>4</b>
<b>Louis C. Filippone</b>	<b>2</b>
<b>Dale P. Williams</b>	<b>1</b>
<b>Nancy Martinez</b>	<b>1</b>

**Post 7589 Service Officer**

**Monti Zimmerman**

**703-223-2211**

**Veterans Crisis Line**  
1-800-273-8255 **PRESS 1**

Confidential chat at [VeteransCrisisLine.net](https://VeteransCrisisLine.net)  
or text to **838255**

### Legacy Life membership

This prestigious program is available to all Life members and is now available in memoriam for past Life members. There are three levels of membership; each offer their own package of exclusive member benefits. Financial contributions to the Legacy Life member program are tax deductible to the maximum extent allowed by law.

Enrollment Cost:

Annual Payouts:

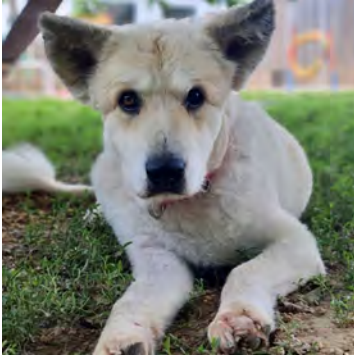
Levels	Posts	Departments	National
Gold-	\$1,200.00	\$18.00	\$18.00
Silver-	\$800.00	\$12.00	\$12.00
Bronze-	\$400.00	\$6.00	\$6.00

### Member Incentives

	Bronze \$400	Silver \$800	Gold \$1200
Plated Engraved Legacy Life Card*	●	●	●
Lapel Pin*	●	●	●
Hat Pin*	●	●	●
Distinctive VFW Store Line for Legacy Life members*	●	●	●
Framed Legacy Life membership Certificate	●	●	●
Member Recognition on Internet & Convention Program	●	●	●
Special Legacy Life Plaque	●	●	●
Hat Patch*	●	●	●
Personalized Brick at Centennial Plaza*	●	●	●
VFW Store Discounts (for personal use only) *	5%	10%	15%
Increased Level of No-Cost AD&D Insurance *	\$2000	\$3500	\$5000
Annual Endowment: Post	\$6	\$12	\$18
Annual Endowment: Department	\$6	\$12	\$18



Alex's Animals is an Eagle Scout project for Alex Cox of Troop 1137 that advertises the various animals held at Homeward Trails Adoption Center.



**Bernie** is a big love bug and 86 lbs 4 yr old male Pyrenees dog that needs constant access outside. He does well around children and chickens but we are unsure on how well he does around cats. A doggy door is recommended and he is very loving.



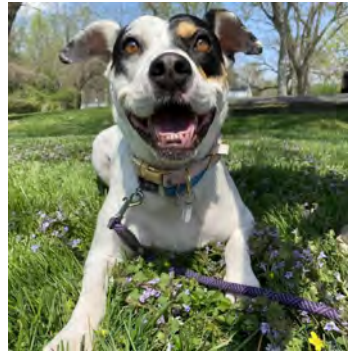
**Waffles** a 2 year old Pitbull, Terrier Mix is looking for a special someone to play with all summer long. Waffles is a 66 lbs Male, loving, and looking for endless cuddles and playtime. He loves spending time outdoors and going for walks. Waffles would do best with a low traffic only adult household. Waffles wouldn't like to live in an apartment as he will be very

nervous when meeting new people or dogs.



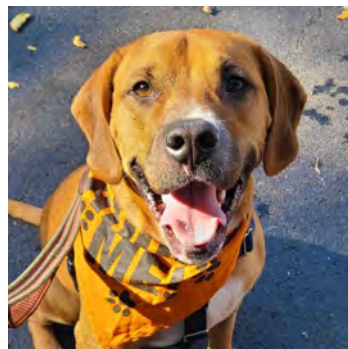
**Della** is a medium-sized 3-year-old yellow lab/Hound mix who is energetic and loves being outdoors, making her perfect for runners or hikers. She can be loud so she is better for houses versus an apartment. She is very affectionate and loves to be around other dogs or people. She plays very well with other dogs but as a hound, she has a prey drive so no small

animals should be in the home. She is better for older kids and tends to be fearful of men, so positive first impressions are key.



**Magnolia** is a medium-sized 4-year-old mutt that is very affectionate once she gets to know you. Don't let her initial shyness deceive you, she is very sweet and loves to cuddle once she warms up to you! She plays well with other dogs and knows how to spend time by herself but still loves to play tug of war and go on walks with humans! She is looking for an experienced

adopter that can bring her out of her shell.

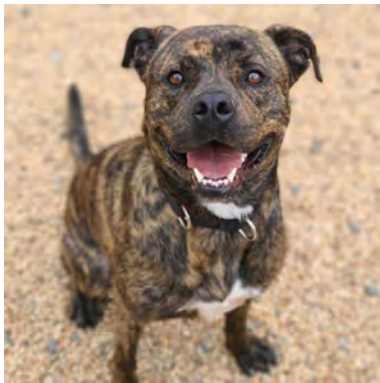


Meet **Snoop Dog!** He is a 2 year old 58lbs Labrador retriever. He loves people and dogs alike, loves to play, and loves butt scratches. Snoop Dog would do best in a home that will help with his separation anxiety and wants someone who will never leave his side.



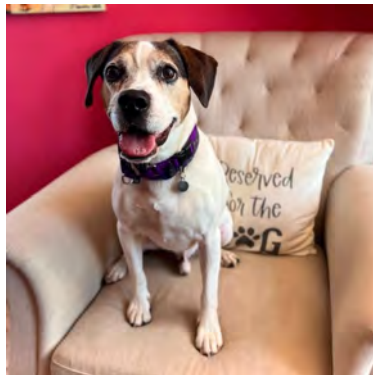
**Jack** is a 3-year-old terrier Chihuahua mix who has a lot of pep, and is a bit scared of strangers. He's perfect for a 2 person home in a quiet neighborhood. He's amazing with other dogs, and is perfect for snuggling and comforting another dog in your home. He doesn't do well with children, but a couple willing to adopt him is just what he needs!

<https://www.homewardtrails.org/adop.../dogs-for-adoption/...>



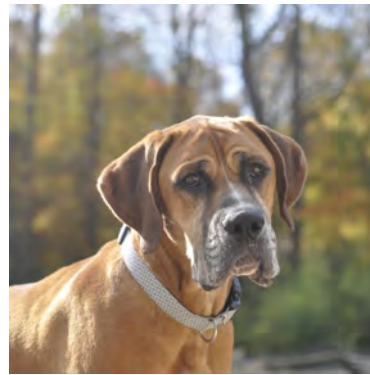
**Taco Dan** is a male Terrier, American Staffordshire who got this name because he's as irresistible as a platter of tacos. He is a very smart dog and knows lots of tricks, he loves the outdoors and is good on a leash. Taco loves belly rubs and is very silly and playful, once you have a strong bond with him, he'll even let you dress him up as an actual taco! He is looking

for a quiet adult-only home with easy outside access. Where he'd be the only animal, he will bring you lots of joy once you get to know him. If you have a good feeling about this dog, then you should not hesitate to let this dog fill your life with joy.



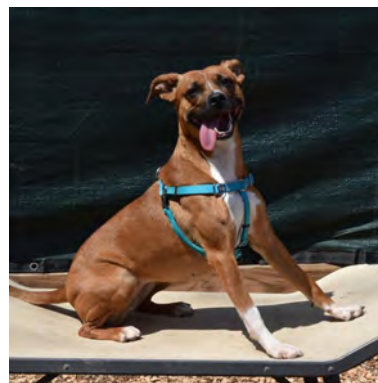
**Cafe** is a 7 year old, 35 pound, male, beagle. Cafe is very energetic. While he may be a good dog he does take some time to warm up to strangers, he doesn't like to share treats or toys with kids, and he would rather be an only dog (he can mostly tolerate other dogs but not cats). He doesn't beg for food unless it is on the floor.

We are offering \$500 and training support for you to take Cafe home, so why don't you take him home? He has been overlooked for a long time.



**Gunner** is a large 4 year old boxer/hound mix who works best in a home with older kids. He is working on leash training and loves snuggling. He's goofy and loves road trips. His trauma left him with leash reactivity and separation anxiety. He has chicken and seasonal allergies as well as an unknown allergen and needs to eat more than once

a day or he will get an upset tummy.



**Josie** is a one-year-old boxer with a lot of enthusiasm. She loves to run around and play with anyone over 10, and needs a loving and active home. She may be energetic, but she also loves cuddles and affection. Josie is ready for a fun-filled and loving home!



**Thomas** is a 3 year old 34lbs foxhound/ mixed breed. Thomas is very intelligent and loves to play. Thomas would do well in a house where he is the only dog, as he gets overwhelmed by little kids. Thomas is ready for his forever home and is waiting for someone to call his own.



**Luther** is a mix of some unique breeds like ridgeback and coonhound, and has a loving and playful personality! Loves pet-safe ice cream, playtime, and a lot of affection. He has a bit of separation anxiety, but he is perfect for a welcoming and loving home!

<https://www.homewardtrails.org/adop.../dogs-for-adoption/...>





## CALL FOR AUDITIONS

A stand-up comedy show centered on the American story

America is nearly 250 years old. Our story as a nation is full of achievements, shortcomings, and dreams. And there’s a lot to laugh about.

In partnership with Us@250, we’re producing a stand-up comedy show to reflect on the American story with playful, sharp, and hopeful humor. We’ll take the stage on September 13, 2023 at the DC Improv in Washington, DC.

To audition, submit a 3-5 minute video by July 21. Your comedy material should address at least two of Us@250’s three core concepts:

1. Pride in the nation’s progress from its origins.
2. Reckoning with historical and contemporary wrongs that have caused the nation to fall short of its ideals.
3. Aspiration for an inclusive democracy governed by the principles of equality, fairness, and opportunity.

We invite you to use a variety of humor: be lighthearted, biting, or optimistic. We are looking for many points of view. You’re welcome to use jokes already in your repertoire.

If selected, comics will work with ASAP staff and professional comedian and Navy Veteran PJ Walsh on their material.

To be eligible, you must be a veteran, service member, military spouse, family member, caregiver, or survivor.

Selected performers will receive a stipend of \$250.

[SUBMIT YOUR AUDITION](#)

## Upcoming Events

July 3	Mission BBQ provides dinner — 7:00 PM — followed by Post meeting — 7:30 PM
July 10	Auxiliary meeting — 2:00 PM
July 20	Youth Committee meeting — 7:00 PM
July 22—27	National Convention — Phoenix, AZ
August 7	Post meeting — 7:30 PM
August 5	District 8 SOI & Meeting — Post 3103 Fredericksburg — 9:00 AM
August 14	Auxiliary meeting — 2:00 PM
August 17	Youth Committee meeting — 7:00 PM
September 5	Post meeting — 7:30 PM (Tuesday because of Labor Day holiday)
September 11	Patriot Day and National Day of Service and Remembrance Auxiliary meeting — 2:00 PM
September 21	Youth Committee meeting — 7:00 PM

**2023-24 Post Officers**

Commander	Wayne Moore
Senior Vice Commander	Lou Filippone
Junior Vice Commander	Bobby Knight
Quartermaster	Rick Raskin
Chaplain	Ron Knowles
1 Year Trustee	Dave Mattingly
2 Year Trustee	Chris Morgan
3 Year Trustee	Lamar Baker
Adjutant	Ron Link
Service Officer	Monti Zimmerman
Judge Advocate	Bobby Knight
Surgeon	Alex Bliem

**2023-24 Auxiliary Officers**

President	Mary Corkhill
Senior Vice President	Ellie Smith
Junior Vice President	Cindy McIntyre
Secretary	Ann Mitchell
Treasurer	Elanor Doczi
Chaplain	Cookie Cullen
Conductress	Janet Raskin
Guard	Patsy Gough
Trustee 1	Janet Raskin
Trustee 2	Yvonne Sullivan
Trustee 3	Jan Germain
Historians	Jan Germain
	Patsy Gough
	Yvonne Sullivan
Patriotic Instructor	Lorrie Allen Smith



**The VFW National Home for Children**

The VFW National Home for Children offers a once in a lifetime **opportunity** for military and veteran related families.

If you know of a family in your community that could use our help, please encourage them to call!

We are currently accepting new resident families into our program.

Most qualify to apply. Caring staff will help families to determine eligibility.

**A Great Place to Call Home!**

**800-313-4200**



**30 Games Including:**

- \$750 Jackpot**  
(Starts with 51 numbers)
- Lucky 7 Progressive**
- 90:10 Jackpot**  
(Prize = 90% of sales)
- Pull Tabs & Hard Cards**
- \$10.00 Bingo Book**  
(includes Early Birds)

**WEDNESDAY MORNINGS**

**OPEN TO THE PUBLIC**

**DOORS OPEN 7:30 AM**

**GAMES START AT 9:15 AM**

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**BUY 2 BOOKS**  
**GET A 1/2 BOOK FREE**

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Veterans Services

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Commander's Shirt Order  
2023-2024

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All Shirts are \$35 ea.  
+ Postage if mailed.

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Large \_\_\_\_\_

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3X \_\_\_\_\_

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5X \_\_\_\_\_



Total ordered \_\_\_\_\_ x \$35

Postage will be determined by HQ \_\_\_\_\_

Final Total Spent \_\_\_\_\_

Type of Card \_\_\_\_\_ Number \_\_\_\_\_ exp date mo/yr \_\_\_\_\_ CVN \_\_\_\_\_

Email order to [statehq@vfwva.org](mailto:statehq@vfwva.org)

# MANASSAS BALLET THEATRE 2023-2024 SEASON



## COLIN: SON, MARINE, HERO

Nov. 9, 10 at 7:30 pm  
Nov. 11 at 3:00 pm  
Streaming Begins Nov. 25



Due to overwhelming requests, MBT is proud to once again present this ballet which tells the story of Artistic Director, Amy Grant Wolfe's son, Colin, who enlisted in the Marines and deployed to Iraq, but was killed by a roadside bomb only seven weeks later. Ms. Wolfe developed the ballet in his memory, gaining inspiration by interviewing family, friends, and fellow Marines. The ballet is set to original music composed by Mark Menza and performed by the Manassas Ballet Theatre Orchestra. Tickets start at \$25.

## CARMINA BURANA & MORE!

Mar. 8, 9 at 7:30 pm; Mar. 10 at 3:00 pm  
Streaming Begins Mar. 23



Enjoy classical Pas de Deux in Act I, followed by the tantalizing tales of Carmina Burana in Act II. Choreographed by Ahmed Nabil, Manassas Ballet Theatre and Orchestra will collaborate with the Voce Chamber Singers to bring this masterpiece about fortune, the nature of life, and pleasure and peril by Carl Orff to the stage. Tickets start at \$25.

## NUTCRACKER

Evening Performances at 7:30 pm; Dec. 14, 15, 16, 19, 20  
Matinée Performances at 3:00 pm; Dec. 16, 17, 21, 22, 23  
Streaming Begins Dec. 24



Join Clara at her family's Christmas Eve party and see what happens when she receives a magical Nutcracker doll from her favorite uncle. Follow them through the Land of Snow and the palace of the Sugar Plum Fairy and enjoy all the enchanting dances! Live music by the Manassas Ballet Theatre Orchestra helps make MBT's Nutcracker the highlight of the holidays. The pageantry and magic of MBT's Nutcracker is the perfect celebration for all ages. Tickets start at \$35.

## ROMEO & JULIET

May 17, 18 at 7:30 pm; May 18, 19 at 3:00 pm  
Streaming Begins June 1



The season concludes with the ever-romantic tragedy of Romeo & Juliet composed by Sergei Prokofiev. As the Capulets and the Montagues feud, Romeo & Juliet seek to unite in love, but the fighting continues, and their lives are lost. Watch their story unfold with the beautiful dancing set to the live music from the Manassas Ballet Theatre Orchestra. Tickets start at \$25.

**Post 7589 Supports Manassas Ballet Theatre  
in memory of LCPL Colin Wolfe**



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Tim Kaine		202-224-4024
VIRGINIA REPRESENTATIVES		
Rob Wittman	1st District	202-225-4261
Jennifer Kagans	2nd District	202-225-4215
Bobby Scott	3rd District	202-225-8351
Jennifer McClellan	4th District	202-225-6365
Bob Good	5th District	202-225-4711
Ben Cline	6th District	202-225-5431
Abigail Spanberger	7th District	202-225-2815
Don Beyer	8th District	202-225-4376
Morgan Griffith	9th District	202-225-3861
Jennifer Wexton	10th District	202-225-5136
Gerry Connolly	11th District	202-225-1492



# CANNON NEWS

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 We reserve the right to edit submitted articles for timeliness, clarity and syntax.