

# CANNON NEWS

Francis Cannon VFW Post 7589  
Manassas, Virginia  
April 2021

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DAVE MATTINGLY / POST 7589

Tyler Kelley reads his essay at the District & Department awards ceremony on March 21

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**CANNON NEWS**—2015, 2018 & 2020 National VFW Publications Silver Award  
2013, 2014, 2015 and 2017 Clair B. Poff Public Relations Award for  
Most Outstanding Post Publication/Newsletter, VFW Department of Virginia

## Commander's Message



**Wayne Moore**

### Desert Storm: A Look Back

By Shannon Collins

Operation Desert Storm was the first major foreign crisis for the United States after the end of the Cold War.

On Aug. 2, 1990, Saddam Hussein led a well-equipped Iraqi army into Kuwait, a major supplier of oil to the United States.

Iraq had the fourth-largest army in the world at that time and the Iraqi leader was also repeatedly violating United Nations resolutions. Therefore, the U.S. had U.N. support in responding to Iraq's invasion of Kuwait.

#### Desert Storm Key Facts:

More than 500,000 American troops deployed to Saudi Arabia as part of Operation Desert Shield, in case Iraqi troops attacked Saudi Arabia.

On Jan. 17, 1991, Operation Desert Shield became Operation Desert Storm, backed by public support after diplomacy failed.

Desert Storm became the largest air campaign since the conflict in Southeast Asia.

The U.S. and 40 allied nations, including several Arab nations, flew more than 18,000 air deployment missions, more than 116,000 combat air sorties and dropped 88,500 tons of bombs.

After air attacks that lasted for six weeks, the ground campaign lasted only 100 hours before Kuwait was liberated.

Iraq tried to split the coalition by launching Scud missiles at Israel, but Israel refrained from responding, thanks to its partnership with the United States.



Desert Storm saw the first use of the MIM-104C Patriot missile system in combat, where it was used to intercept Scud missiles. It was also the first time the Air Force used

stealth and space systems support capabilities against a modern, integrated air defense.

About 697,000 U.S. troops took part in the war, with 299 losing their lives.

<https://www.defense.gov/Explore/Features/story/Article/1728715/desert-storm-a-look-back/>

## Auxiliary President



**Mary Corkhill**

With the coronavirus still active, members are staying safe by not attending meetings or doing group projects. I have decided to add a little information about each month that I have taken from the internet. I hope you enjoy.

“April Fools’ Day - celebrated on April 1 each year—has been celebrated for several centuries by different cultures, though its exact origins remain a mystery. April



Fools’ Day traditions include playing hoaxes or practical jokes on others, often yelling “April Fools!” at the end to clue in the subject of the April Fools’ Day prank. While its exact history is shrouded in mystery, the embrace of April Fools’ Day jokes by the media and major brands has ensured the unofficial holiday’s long life.”



“Easter Sunday and related celebrations, such as Ash Wednesday, Palm Sunday, and Good Friday are considered “moveable feasts,” although, in western Christianity, which follows the Gregorian calendar, Easter always falls on a Sunday between March 22 and April 25. Easter typically falls on the first Sunday after the first full moon occurring on or after the spring equinox.” Easter will be observed on Sunday, April 4<sup>th</sup>.

On March 21, District 8 President, Vicki Butler, was present for the District Teacher of the Year ceremony at Post 7589. She presented a monetary award to Ms. Gabrielle Patterson (K-5) and Ms. Elizabeth Stone (6-8). Both teachers are from Baldwin School in Manassas. **Congratulations!!!**

Elections and installation for the 2021 – 2022 Auxiliary officers will be held by teleconference on April 12<sup>th</sup> at 2:00PM. If you wish to hold a position, please let us know. The 8<sup>th</sup> District convention is scheduled for 10:00AM on April 17<sup>th</sup> at Culpeper Post 2524. It has not been determined if the Auxiliary will be doing Zoom or meeting in person. On the agenda will be elections and installation for new District officers.

The Auxiliary contests for **Patriotic Art, Illustrating America and Red, White and Blue** deadline was March 31, 2021. I wish to thank everyone for their participation. The winners will be announced in next month’s news article. The deadline for reporting all Department programs is April 30, 2021. The Buddy Poppy display for the Convention is under way and we will let everyone know when it is safe to meet and finalize it.

From the VFW National Home website: “Since its founding, the VFW National Home for Children has grown from an old frame farm house to a sprawling campus with playgrounds, park areas, and multiple building, including single-family homes, a community center and gymnasium, child care facility, guest lodge, chapel and administrative offices. Over the years, the National Home has evolved to meet the changing needs of

(See *Auxiliary* on page 3)

## VFW Post 7589, General Membership Meeting Agenda — April 5, 2021

### Opening Ceremonies

#### Adjutant: Roll Call of Officers

CDR Wayne Moore	Surgeon Alex Bliem
SVC Lou Filippone	Chaplain Ron Knowles
JVC Bob Knight	Historian Paul Chase
QM Rick Raskin	OD Kelly Williams
Adjutant Ron Link	1 Year Trustee Pete MacLeod
Service Officer Ron Link	2 Yr. Trustee Dave Mattingly
Advocate Bob Knight	3 Yr. Trustee Tina Bliem

### Communications:

#### Applications for Membership:

#### Reading of the Minutes:

#### Quartermaster's Report:

#### Service Officer's Report:

#### Chaplain's Report:

#### Reports from Committees:

\*Bingo:

\*Youth: SV/Chairman Filippone

\*MAP:

\*Americanism:

\*Legislative Committee:

#### \*Commander's Report:

\*Thanks, to Comrade Quimby of American Legion Post 10

\*Available Lift Chair, \*Lazy Boy Recliner (Small frame Persons)

\*Meeting with Manassas Mayor Davis-Younger 3/18 "Honoring Veterans"

\*"Thank You" Ms. Stone Teacher

\*Post Hosted District Awards for winners of Voice of Democracy and teachers.

#### Old Business:

#### New Business:

\*Upcoming District nomination/election of officers 2021-2022

\* Nomination of officers for the 2021-2022 year

\*Comrade Martin: Proposal to Manassas Mayor for Veterans Day

#### \*Good of the Order

#### \*Safety Lesson:

\* Ergonomics : An **applied science** concerned with designing and arranging things people use so that the **people and things interact** most **efficiently and safely**. Simply stated **move being sedentary affect the elderly greatest, sit, lift, and do repetitive tasks with due consideration to your well-being.**

\*Closing Ceremonies Prayers: Chaplain

\*Salute the Colors: Commander

#### \*Adjournment:

Next General Membership Meeting: Monday, **May 3, 2021**, at 7:30 pm.

(Auxiliary from page 2)

America's military and veterans' families. Through it all, one thing has remained constant: the National Home's commitment to honor our nations' veterans and active-duty military by providing help and hope for their children and families." To become a life member for \$50.00, please apply on-line at National Home for Children <https://www.vfwnationalhome.org/membership>.

During this time of uncertainty, please follow the authorities and do what they are requiring in order to keep you and your loved ones safe. For individuals and/or family members who are ill or hospitalized please keep them in your prayers.

Respectfully,  
Mary Corkhill  
Auxiliary President

**April 5 Post meeting will be a video teleconference.**

Zoom available starting 7:15 PM

<https://us02web.zoom.us/j/86394339059?pwd=K015THNQSjYyMUdEZHlDaWw4anlBZz09>

**VFW Members Only Please**

**April 12 2 PM Auxiliary meeting will be a teleconference**

#### How to start the Auxiliary phone conference:

Your Dial-In Number: 17172758940

Your Access Code: 4364446

Your Moderator PIN: 3213953

#### At the prompt:

- 1) Enter your Access Code: 4364446 followed by the # key.
- 2) You enter your Moderator PIN: 3213953, followed by the # key.

**Start conferencing!**

## Youth Committee Update



Lou Filippone

The Youth Committee hopes you are all having a great Easter and Passover season. We held our last meeting via Zoom on 18 March and the following individuals participated; Alex and Tina Bliem, Dave Mattingly, Peter MacLeod, Auxiliary President Mary Corkhill and myself. The main topic of discussion was the combined Department and District Awards ceremony for our Voice of Democracy and Teacher of the Year winners. The ceremony was held at the

Post on Sunday, 21 March and was an enjoyable event. Voice of Democracy Winner Tyler Thomas Kelley, who attends Southeastern Alternative High School, was presented with awards from the Department and District for third and first place respectively. He was sponsored by Post 9835. In addition, two teachers also received Department and District awards for first place at both levels: Gabrielle Patterson, a K-5 teacher from Baldwin Elementary School, and Elizabeth Stone, a grade 6-8 teacher from Baldwin Intermediate School. Both teachers were sponsored by Post 7589. It is a remarkable achievement for our Post to place two contestants as Department winners.

In addition to our winners and guests several people were on hand to assist with the ceremony. They included Past Department Commander 2019-2020 Rick Raskin, District Eight Commander Charles Bush, District Eight Senior Vice Commander Jeff Dombroff, District Eight Junior Vice Commander Tai Mamea, Post Commander Wayne Moore, Department Auxiliary President Vicki Butler, Post Auxiliary President Mary Corkhill, Comrade Dave Mattingly our photographer and myself. I would like to extend my gratitude to all those who participated. I would also like to express my gratitude to Auxiliary Member Jennifer Little Torres who is also my Office Manager. She handled the communications and Evite arrangements for the ceremony as well as assisting me with my daily VFW activities. She is indispensable and we should all give her a big thank you. This hybrid awards ceremony would normally not have been held since typically Department and District awards are presented at their own ceremonies. Because of COVID and canceled events we improvised this year as did the rest of the Department.

I would just like to update you on our Post and District Scout of the Year winner Eagle Scout Megan Stanton. As you know Megan is a highly decorated Eagle Scout, Girl Scout with her Gold Award and Venturing Crew Scout awaiting her Summit Award. Her packet has been electronically forwarded to Department Scouting Chairperson Bob Fenlason for Department judging. It is our sincere hope that Megan wins at the Department level and represents us nationally in the Scout of the Year competition. When asked about how competitive Megan was at the Department level, Bob responded that a few other

Scouts will give Megan a very good challenge in the judging. Maybe I'm biased but I couldn't imagine this to be the case with our candidate. Let us be positive and hope for the best for her. Megan, we wish you much success with Department judging!

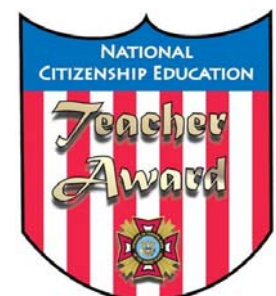
Comrade Alex Bliem will be updating us on Scouting separately but some of the Scouting developments discussed at the meeting are mentionable. Alex and Tina mentioned there are some upcoming camping trips at Camp Snyder for Troop 1372. The Scouts continue to meet at our Post every Tuesday evening and we are so grateful to have them and sponsor them. A pizza party was discussed for our Scouts in the early spring. It was suggested by Mary Corkhill and supported by all the Youth committee members. As more information becomes available I will share it with you in the upcoming newsletters

Don't forget about our scheduled 1 May Flag Retirement Ceremony at the Post at 9:00 AM. It will include Scouts predominately from Troop and Pack 1372 as well as Scouts from other local units. Volunteers for this event are needed. Please contact me, or any other Youth Committee member, to sign up.

The deadline for the Patriotic Art and the Illustrating America Art contests is 31 March as it is every year. We have received several entries and they have all been forwarded to Auxiliary President Mary Corkhill. She will soon begin the process of judging the entries with the Auxiliary and should announce the results shortly. We received entries in a variety of mediums and the contestants really outdid themselves this year.

Our next Youth Committee meeting is scheduled for Thursday, 15 April on Zoom at 7:00 PM. A Zoom link will be sent to all interested participants. Please join us and help support the Youth Committee. We are tasked with a sacred mission, protecting America's future by mentoring America's youth. Please stay well, get your vaccine when you can, and I'll talk to you next month.

With best regards,  
Lou Filippone  
Youth Committee Chair



## Legislative Update



**Monti Zimmerman**

This year was very different for the Virginia General Assembly. Veterans' issues were not forgotten, but many did not succeed. Two major pieces of legislation that will affect the VFW in Virginia are HB 2308 that allows veteran service organizations to purchase up to 10 acres (up from ¾ of an acre). SB 1127 changed regulations for gaming, but did not hurt the VFW in its charitable gaming. There were three bills tied to military and veteran license plates (HB 1796, HB 2069, and HB 2261). They create benefits by groups of license plates for the National Guard and by specific military awards. Several bills supported specific military and veteran issues including allowing military members to mail-in ballots for primary elections (HB 2020), prohibiting discrimination against military members (HB 2161), allowing licensing for military medical professionals (HB 2222), providing opportunities for military spouses (SB 1410 & SB 1150), reducing veteran unemployment (SB 1279), and the implementing of the Personal Property Tax benefit for 100% permanent and total veterans that we voters passed in November by 86%. We will work hard in the Joint Leadership Council next year to help low income veterans' and military retirees.

## All Veterans, their spouses, caregivers can get COVID-19 vaccinations from the VA

All Veterans, their spouses and caregivers can get COVID-19 vaccinations from the VA under the SAVE LIVES Act signed into law March 24.

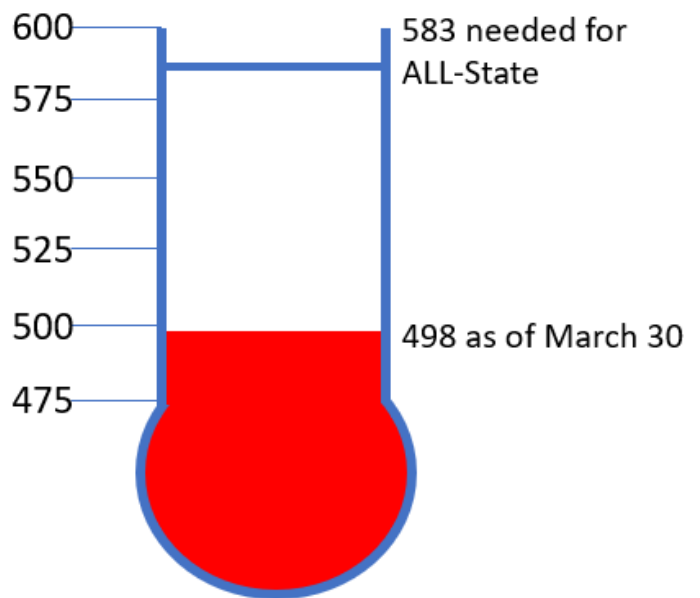
Covered individuals can receive a vaccine from the VA due to the ongoing COVID-19 public health emergency, including Veterans who are not eligible to enroll in the VA health care.

[LEARN MORE](#)

## Charlie Montgomery 3-29-2021

We are saddened by news of the passing of Comrade Charlie Montgomery. Charlie was an active participant in Post activities including Bingo until his recent battle with cancer. Charlie was a real trooper and will be missed. At this time arrangements are pending.

## Post Membership Statistics



PLEASE RENEW

District 8 and Department Educational Awards—March 21, 2021



DAVE MATTINGLY / POST 7589

State VOD Chair Lou Filippone opens the program



DAVE MATTINGLY / POST 7589

District 8 Commander Charles Bush and Tyler Kelley



MARY CORKHILL / AUXILIARY 7589

PDC Rick Raskin and Tyler Kelley



DAVE MATTINGLY / POST 7589

The Kelley family with award presenters and Jeff Dumbroff, Post 9835 Commander



MARY CORKHILL / AUXILIARY 7589

Gabrielle Patterson with Charles Bush and Lou Filippone



DAVE MATTINGLY / POST 7589

Gabrielle Patterson and D8 Auxiliary President Vicki Butler



MARY CORKHILL / AUXILIARY 7589  
**Gabrielle Patterson and PDC Rick Raskin**



DAVE MATTINGLY / POST 7589  
**The Patterson family with award presenters**



DAVE MATTINGLY / POST 7589  
**Elizabeth Stone and Vicki Butler**



MARY CORKHILL / AUXILIARY 7589  
**Elizabeth Stone and Charles Bush**



MARY CORKHILL / AUXILIARY 7589  
**Rick Raskin and Elizabeth Stone**



DAVE MATTINGLY / POST 7589  
**Award presenters with Elizabeth Stone**

## Report on Scouting



**Alex & Tina Bliem**  
**Post 7589 Scouting**  
**Representatives**

Overall, March was a very good month for our Scouting units. After a long wait our Scouts were finally able to get back outside and do what Scouts love doing. Our boys and girls Troops both went on their first camping trip since last year. They had an awesome turnout and filled up three camp sites of 13 Scouts/adults at each site. They followed the camp sites Covid protocols with masks, distancing, multiple temperature checks, and they had to cook their own individual meals which they all had fun with. While camping they worked on

rank requirements, fire safety, and had some campfire time which they have been without since last year.

Our Scouting units also participated in a road cleanup service project on Signal View Dr. This is the road that our Scouts officially adopted some years ago and continue to keep clean. They had a very good turnout for this as well and filled many large trash bags.

The younger Cub Scouts had a crossing over and Arrow of Light ceremony this month in the parking lot at the Post. For those that do not know, the Arrow of Light is the main award that the Cubs can earn before joining a troop in the BSA. They also went into D.C. with their own family units and participated in a H.O.S.T (History of Scouting Trail) hike where they learned more about the history of Scouting and visited many memorials that tie into Scouting. Did you know that the WW2 memorial, for example, has a panel that includes a line of Scouts who are supporting the war effort at home? The Cub Scouts also have a family camping trip planned which has been a long time coming as well. They will also be participating in a service project called "Clean-Up Day" in Bristow Station.

With the sun staying up longer and the Governor's Covid restrictions allowing for more people to gather indoors and outdoors, starting on April 1st all of our Scouting units will finally be able to meet in person again and have some fun in the great outdoors.

Until next time Stay Safe, Stay Healthy, and Stay happy!!

Alex & Tina Bliem  
 Troop COR and Scoutmaster



KRIS GARDNER

**Our boys and girls troop both went on their first camping trip since last year.**



TINA BLIEM / POST 7589

**The younger Cub Scouts had a crossing over and Arrow of Light ceremony**



MIKE GUIDOTTOI

**They also went into D.C. with their own family units and participated in a H.O.S.T (History of Scouting Trail) hike**



## Virginia gets a new Post Post 12201 instituted on March 6, 2021

By Rick Raskin

A new Post located in Kilmarnock on the Northern Neck was instituted March 6. Representatives from the Department, Auxiliary and District joined in the ceremonies with the new members of the Post. Those unable to attend in person, including the new Post Commander John Miller and Quartermaster Joseph Cooney, participated via Zoom. Department Senior Vice Commander Butch Schupska conducted the ceremony assisted by District 1 Commander Mark Shockley. Speakers included Past Department Commanders Rick Raskin and Ken Wiseman along with Past National Auxiliary President Dee Guillory.



RICK RASKIN / POST 7589

Members of new Post 12201 are sworn in on March 6.

Past District 1 Commander Jim Gierlak began the effort to organize a Post several years ago by meeting with local veterans at a favorite breakfast spot. Past Department Commander Rick Raskin made several trips to join them and assist in the recruiting efforts. Progress was steady but with the introduction of covid restrictions, came to a standstill. It took until this year to get the required number of new members to be able to proceed.

Gaining two new Posts shows the VFW is growing in Virginia; a third new Post is also possible this year as preparations are in progress.

Post 12201 is the second new Post to form this year. The first is in King George which has been assigned to District 8.

## POW/MIA Update and Information

The number of Americans who remain missing from conflicts in this century as of last year are:

- World War II 73,025—over 41,000 are presumed to be lost at sea
- Korean War 7665
- Vietnam War 1589 (VN-1,246, Laos-288, Cambodia-48, & Peoples Republic of China territorial waters-7)
- Cold War 111
- Iraq and other conflicts 5

Over 600 DoD personnel, military and civilian, work in organizations around the world as part of DoD's personnel recovery and personnel accounting communities. They are all dedicated to the single mission of finding and bringing our missing home.

For a listing of all missing or unaccounted personnel to date refer to <http://www.dpaa.mil> and click on 'Our Missing'.

If you have information about an American missing in action from any conflict or have an inquiry about MIAs, contact: by mail: Public Affairs Office, 2300 Defense Pentagon, Washington, D. C. 20301-2300, Attn: External Affairs  
Call: Phone: (703) 699-1420;  
Internet: Fill out form on <http://www.dpaa.mil/Contact/ContactUs.aspx>

Family members seeking more information about missing loved ones may also call the following Service Casualty Offices:

- U. S. Air Force (800) 531-5501
- U. S. Army (800) 892-2490
- U. S. Marine Corps (800) 847-1597
- U. S. Navy (800) 443-9298

Or you can call the U. S. Department of State (202) 647-5470.

Submitted by Gunny Lewis

## See Who Will Take Home \$30,000



Join the VFW on April 1, 2021, at 8 p.m. EDT for the first-ever virtual Parade of Winners, live on Facebook. Be sure to visit the VFW Facebook page, select the Virtual Parade of Winners event, tap "interested," then "going" to ensure you stay up-to-date and receive all event notifications and reminders.

<https://www.facebook.com/events/542331846731848/>

## Outreach to Vulnerable Populations During the COVID-19 Pandemic

### Advocates and Community Organizations Can Help Connect People with the Social Security Administration

The Social Security Administration has a long history of outreach and coordination with advocates and community-based organizations across the nation. During the COVID-19 pandemic, continuing to work with advocates and community-based organizations is essential to reaching the country's most vulnerable populations, including individuals with low income, limited English proficiency, mental illness, or those facing homelessness. The agency is fully committed to assisting people in gaining access to the information and services they need with a specific emphasis on applying for Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) benefits.

"I made this issue a strategic agency priority and focused resources to reach vulnerable communities and help them access our services and receive their benefits. I ask leaders in every community to share information about our programs with people and help them connect with us to apply for benefits," said Andrew Saul, Commissioner of Social Security. "Social Security is working on many initiatives to reach vulnerable populations and I am pleased to share information about our national outreach campaign, developed in collaboration with leaders in the community, to raise awareness of the SSI and SSDI programs."

To ensure effective outreach to these vulnerable populations who need access to agency programs, and to the advocates and organizations who can help to connect people with Social Security, the agency launched a national campaign to raise awareness of the SSI and SSDI programs and encourage people to apply. Campaign efforts include:

A new webpage, People Helping Others, at [www.socialsecurity.gov/thirdparty](http://www.socialsecurity.gov/thirdparty), for anyone who could assist another person with accessing Social Security's programs and services;

A new outreach website, at [www.socialsecurity.gov/thirdparty/groups/vulnerable-populations.html](http://www.socialsecurity.gov/thirdparty/groups/vulnerable-populations.html) where all partner groups can access informational materials to share through their networks, including resources tailored to specific vulnerable populations;

An updated Faith-Based and Community Groups website at [www.socialsecurity.gov/thirdparty/groups/faithandcommunity.html](http://www.socialsecurity.gov/thirdparty/groups/faithandcommunity.html) with a new outreach toolkit and SSI and SSDI fact sheets. The agency coordinated

this effort with the White House, and the White House Office of Faith-Based and Neighborhood Partnerships is helping to promote these resources; and

An upcoming national advertising campaign to support all outreach efforts on TV, radio, and social media, with special emphasis on children with disabilities (see the recently redesigned website [focused on SSI for children at www.socialsecurity.gov/benefits/disability/apply-child.html](http://www.socialsecurity.gov/benefits/disability/apply-child.html)). TV and radio PSAs highlighting SSI for children currently are being tested in the Dallas, TX area to determine their impact.

The agency is now completing training videos for community-based caseworkers to help their clients with the SSI application process.

People can apply for SSI benefits, and for other benefit programs, through a telephone appointment with the agency, even while local offices are not able to accept walk-in visitors. More people need to be made aware of the SSI program and reminded that they can call toll-free **1-800-772-1213**, or their local Social Security office, to make a phone appointment to apply for SSI. People who are deaf or hard of hearing may call Social Security's TTY number, **1-800-325-0778**.

## Harold Sayles confirmed to be National Chaplain for 2021-22



To all of my Comrades in the State of Virginia, I want to thank you for your support as I ran for the Position of National Chaplain. Those who sent funds, well wishes and prayer, you do not know how much I appreciated it.

Through your support, I was confirmed to be the next National Chaplain of the Veterans of Foreign of the United States. I really can't believe that. I will serve with honor, and compassion to all veterans, but not forgetting those who helped me get there, my family (the Department of Virginia) what a great family to be part of. Thank you again from the bottom of my heart.

As always, yours in service,

Harold Sayles, Ph. D.  
State Chaplain  
Department of Virginia

## Spotting scammy emails

By Emily Wu

Attorney, Federal Trade Commission

Let's say you get an email about a charge to your credit card for something you aren't expecting or don't want. Your first instinct may be to immediately call the company or respond to the email and to stop the payment. Scammers know that, and are taking advantage of it in a new phishing scheme.

People tell us they're getting emails that look like they're from Norton, a company that sells antivirus and anti-malware software. (Tip: the emails are NOT from Norton.) The emails say you've been (or are about to be) charged for a Norton product — maybe an auto renewal or new order. If this is a mistake, the email says, you should call immediately. (Tip: don't.)

If you call, you'll be connected to a scammer. Some scammers might ask you to "verify" your credit card information, while others might say they need your password to remote into your computer so they can remove the Norton program. But if you let them, they could install malware, block you from getting to your own files, and sell you worthless services.

If you get an email or text you're not sure about:

Don't click on any links.

Don't [call] the number in the email or text. If you want to call the company that supposedly sent the message, look up their phone number online.

Remember: Never give your password to a stranger on the phone, even if they claim to be from a company you recognize.

If you did give out your password, change it right away, update your computer's security software, run a scan, and delete anything it identifies as a problem. Make your passwords long, strong, and complex.

Don't give your bank account, credit card, or personal information over the phone to someone who contacts you out of the blue.

And if you do get a fake email like this, help your community by reporting it to the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/identity-theft).

Blog Topics:

Privacy, Identity & Online Security

Scam Tags: Phishing Scams

Submitted by Gunny Lewis

## Post to receive VFW Pandemic Relief Grant

The VFW Foundation shifted its grant making focus for the 2021 fiscal year to provide urgently needed financial relief to VFW Posts affected by the COVID-19 pandemic. Between October 2020 and March 2021, a total of **\$1,000,000** was distributed to more than 400 VFW Posts!

Our Post applied for the grant and our request was approved in March. We anticipate receiving up to \$2500 which will be used to help pay down our mortgage.

At present our mortgage has been paid down to just over \$8000. With the pandemic relief grant and our continuing to overpay the monthly minimum we anticipate the mortgage will be paid off before the Fall of this year.

MANASSAS BALLET THEATRE

GISELLE presented by NCVFC

Live Presentation

HYLTON PERFORMING ARTS CENTER

May 14-16

Tickets starting at \$35

FROM THE HILTON STAGE \$25/TICKET

Streaming Starts Saturday, 5/29 at 7:30 pm EDT

<https://vimeo.com/ondemand/giselle>

Melephoto LLC

**Post 7589 helps support Manassas Ballet Theatre in memory of LCPL Colin Wolfe**

## 2021 Mount Vernon Trail 5K & 10K



Steve Duckett, Attorney at Law is excited to sponsor the 2021 Mount Vernon Trail 5K & 10K on April 3rd, 2021. The race will benefit Dare2Tri, a nonprofit that works to enhance the lives of individuals with physical disabilities and visual impairments through swimming, biking, and running. Since Dare2Tri was started in 2011, the organization has worked with athletes of all ability levels to help them achieve their physical goals while engaging with their community.

The 2021 Mount Vernon Trail 5K & 10K will take place at Columbia Island Marina at George Washington Memorial Pkwy, Arlington, VA 22202. The 10K portion of the race will start at 7:45 a.m. and the 5K starting shortly after at 8:00 a.m.

Enjoy the scenic course while racing to support Dare2Tri and their mission of enhancing the lives of people with disabilities through exercise and community. Runners will receive a finisher's medal upon completion of the 5K or 10K. The registration fee for the 5K is \$30. The registration fee for the 10K is \$45. To sign up for the race, please visit the race registration page at <https://bishopsevents.com/event/2021-mount-vernon-trail-5k-10k/>

### **Orthodontic assistant needed**

Compensation: **Entry level**

Employment type: **full-time**

ENTRY LEVEL orthodontic assistant. We prefer no experience so we can train you to our standards. Entry level position with entry level pay. We are looking for a quick learner who likes to work as part of a team. Must be reliable, well spoken, have good communication skills and like working with people. If interested, please reply with salary requirement and resume. Responses without salary requirement and resume will not be reviewed. If you are interested in the field of orthodontic assisting and possess the qualities we have listed this might be a great opportunity. You can either call the office at (703)815-0127 or email us at

[orthoforyou@aol.com](mailto:orthoforyou@aol.com). We look forward to your response.

### 2020-21 Post Officers

Commander	Wayne Moore
Senior Vice Commander	Lou Filippone
Junior Vice Commander	Bobby Knight
Quartermaster	Rick Raskin
Chaplain	Ron Knowles
1 Year Trustee	Pete MacLeod
2 Year Trustee	Tina Bliem
3 Year Trustee	Dave Mattingly
Adjutant	Ron Link
Service Officer	Ron Link
Judge Advocate	Bobby Knight
Surgeon	Alex Bliem



Post 7589 is inviting you to a scheduled Zoom meeting.

**VFW Members Only Please**

Topic: Post 7589  
Time: Apr 5, 2021 07:15 PM Eastern Time (US and Canada)

Meeting officially starts at 7:30 PM

Join Zoom Meeting  
<https://us02web.zoom.us/j/86394339059?pwd=K015THNQSjYyMUdEZl1DaWw4an1BZz09>

Meeting ID: 863 9433 9059  
Passcode: 111240  
One tap mobile  
+13126266799,,86394339059#,,,,\*111240# US (Chicago)  
+19292056099,,86394339059#,,,,\*111240# US (New York)

Dial by your location  
+1 312 626 6799 US (Chicago)  
+1 929 205 6099 US (New York)  
+1 301 715 8592 US (Washington DC)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 253 215 8782 US (Tacoma)

Meeting ID: 863 9433 9059  
Passcode: 111240  
Find your local number: <https://us02web.zoom.us/j/86394339059>

**The VFW National Home for Children**



The VFW National Home for Children offers a once in a lifetime **opportunity** for military and veteran related families.

If you know of a family in your community that could use our help, please encourage them to call!

We are currently accepting new resident families into our program.

Most qualify to apply. Caring staff will help families to determine eligibility.

**800-313-4200**

A Great Place to Call Home!

**Virginia Department of Veterans Services Manassas Office**

9300 W. Courthouse Rd.  
Suite 305  
703-479-7437

## FREE TO ANY VETERAN IN NEED

Contact Post Commander Wayne Moore at 571-285-7904 or [more.way@hotmail.com](mailto:more.way@hotmail.com)

**Markridge: Power Lift Recliner- Dimensions: L 36.25 X W 30.5 X H 39.75**



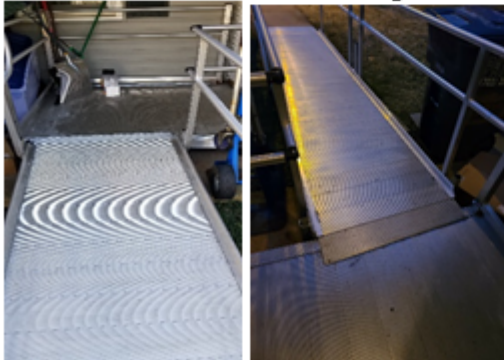
**Actual Chair**

**Handicare: Stair Lift**



**14-foot aluminum rail: installer can re-fabricate to specific home.**

**Aluminum Wheelchair Ramp:**



**15 ft long/14in wide, adjustable with a 65 x 65 in sq platform for door entrance.**

## Upcoming Events

April 5	Post Meeting — 7:30 PM — Video teleconference only
April 12	Auxiliary Meeting — 2 PM — Teleconference only
April 17	District 8 Convention — Post 2524, Culpeper — 10:00 AM
May 1	Flag Retirement — 9:00 AM
May 3	Post Meeting — 7:30 PM — Video teleconference only
May 10	Auxiliary Meeting — 2 PM — Teleconference only
June 3-6	State Convention — Portsmouth, VA
June 7	Post Meeting — 7:30 PM — Video teleconference only
June 14	Auxiliary Meeting — 2 PM — Teleconference only
July 5	Post Meeting — 7:30 PM
July 12	Auxiliary Meeting — 2 PM
July 31—Aug. 5	National Convention — Baltimore, MD

## KNOW YOUR VIRGINIA REPRESENTATIVE

Rob Wittman	1st District	202-225-4261
Elaine Luria	2nd District	202-225-4215
Bobby Scott	3rd District	202-225-8351
Donald McEachin	4th District	202-225-6365
Denver Riggleman	5th District	202-225-4711
Ben Cline	6th District	202-225-9681
Abigail Spanberger	7th District	202-225-2815
Don Beyer	8th District	202-225-4376
Morgan Griffith	9th District	202-225-3861
Jennifer Wexton	10th District	202-225-5136
Gerry Connolly	11th District	202-225-1492



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